Bí Cineálta - Be Kind

We want our students at De La Salle College to feel safe and happy.

If you think that you are being bullied or someone else is being bullied, you need to tell a teacher or another adult that you trust. They will know what to do to help.

If a student tells a staff member that they think they are being bullied, we will:

- talk with the student
- ask the student what they want to happen
- work out a plan together
- talk to their parents
- talk to the other student(s) involved
- talk with the other student's parents

If you're being bullied or see someone else being bullied, tell someone — or report it on the Bí Cineálta section of our school website.

Our school is fully committed to preventing and addressing bullying behaviour through our **Bí Cineálta Policy**.
We look at this policy every year to see what is working well or what could work better.
We will ask you what you think.

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Bullying behaviour is when someone purposely and repeatedly hurts, upsets, or mistreats another person.

Cyberbullying doesn't have to happen more than once — a single post or message can be enough.