



De La Salle Weekly Menus 2023

CFM Catering Ltd

Tele: 0868132517. Email: micheleobrienpower@gmail.com

Menu Week 1

- Monday: Smoked Bacon Pasta Bake / Chicken Stir-fry
- Tuesday: Chicken Curry and Rice
- Wednesday: Goujons, Mash and Gravy
- Thursday: Chilli Beef
- Friday: Italian Meatballs
- Every Day Options: Toasties/Paninis: toasted special, chicken & bacon, chicken tikka & cheese, chicken & stuffing, ham & cheese. Soup Option: vegetable/tomato & basil/mushroom/potato & leek.
- Selection of Vegan and vegetarian meals on offer daily on the grab and go to be heated by our staff
- * All chips and wedges are oven baked

Menu Week 2

- Monday: Beef Lasagne
- Tuesday: Chicken Curry and Rice
- Wednesday: Chicken Pascal, Mashed Potato & Vegetables
- Thursday: Chilli Beef
- Friday: Bolognese with Penne Pasta
- **Treat Day Extras: Spice Box, Curry chip, taco chip***
- Every Day Options: Toasties/Paninis: toasted special, chicken & bacon, chicken tikka & cheese, chicken & stuffing, ham & cheese. Soup Option: vegetable/tomato & basil/mushroom/potato & leek.

- Selection of Vegan and vegetarian meals on offer daily on the grab and go to be heated by our staff
- * All chips and wedges are oven baked

Menu Week 3

- Monday: Shepherd's Pie & Vegetables
- Tuesday: Chicken Curry and Rice
- Wednesday: Chicken Casserole & Mashed Potato
- Thursday: Chilli Beef
- Friday: Chicken Pasta Bake
- **Treat Day Extras: Spice Box, Curry chip, taco chip***
- Every Day Options: Toasties/Paninis: toasted special, chicken & bacon, chicken tikka & cheese, chicken & stuffing, ham & cheese. Soup Option: vegetable/tomato & basil/mushroom/potato & leek.
- Selection of Vegan and vegetarian meals on offer daily on the grab and go to be heated by our staff
- * All chips and wedges are oven baked



- **ONLINE PRE-ORDERING SYSTEM**
- Scan the QR code to be directed to our online site.
- Please state the name of customer and time of break when ordering

