

DE LA SALLE COLLEGE

WATERFORD

Issue 10

June 2022

Message from the Principal

As we approach the end of another very strange year in the history of Irish education we can look forward with a degree of hope and positivity for the future. Although I am coming to the end of my second year as principal in this great and prestigious institution, I have only recently met many of the students and staff without masks. I have only recently met with groups of parents and guardians at the recent awards ceremonies and graduations. This spells the end of COVID, we all hope.

The College has been a great place to be this year. There have been many dark clouds hanging over us for the past two and a half years. They are now rising. Things are getting back to normal. At the time of writing, we are still considering how we will return to school in August.

We will return, school will open and we will have classes of students filling our classrooms. We have nearly 175 students leaving us from sixth year, after this year's Leaving Certificate. These students have had a very difficult time of their senior cycle. They have arrived at their examinations in a good place. I wish them well on their continuing journey through life

Last week we were visited by Minister Mary Butler and the Slovenian Ambassador Vidovič. Our Transition Year students met with the distinguished guests. Listening to the questions the students asked, it was evident that the last two and a half years have been globally very challenging. Both guests were asked questions in relation to mental health in COVID times, the Northern Ireland Protocol, Sinn Féin's recent performance in the Northern Ireland Assembly, the war in Ukraine, Slovenia's spending in support of Ukraine, the cost of energy, sustainability in our world and many more. It is amazing what our young people have had to endure in the last few years. It is even more amazing how well equipped they are to discuss these issues and the level of knowledge they have. What has made the college a great place for me this year is the relationships between students, teachers, staff and parents. These have grown and developed through our learning/teaching efforts and • through a plethora of extracurricular activities and events. Some of the more memorable ones for me have been the following:



- The success of our sports men. Our soccer teams won two Munster cups and went very close to winning All Irelands. Our hurlers made Munster semi-finals and a Munster final. We had a great team of golfers. We were all touched by the achievements of Ballygunner CLG and Villa FC at club level. The vast majority of those involved are past pupils of the school.
- The Parents Association "Who Wants to be Thousandaire" fundraiser was great fun and collected some funds for our new building.
- The new building commenced this year as a result of the efforts of the previous Board of Management. We hope to open this in January 2023, with the addition of a new Woodwork, Computer and Home Economics rooms.
- Our ASD special classroom and behavior support classroom contributed handsomely to the services we previously offered in the college.
- The school show was up and running again for my first time in the school since I started in my role. It was well worth the wait for me and the 6,000 members of the audiences who enjoyed "Grease".
- The presentation of awards to over 200 students on awards night and the presentation of over 200 more Lasallian awards to our students on De La Salle day.

- The Christmas Carol service and the different concert and choir events.
- The launch of the Blue Plaques and the ceremony to commemorate the work of Br. Potamian.
- The outstanding achievements of some of our students who have represented their country and counties during the year, and not to mention the outstanding achievements in the field of music.

The mainstay of a day in the college during the year has been the way everyone has gone about their business in a happy, respectful and dignified

way. It gives me great delight to be Principal in a school where there is a culture of improvement, a culture of respect and a culture of everyone aspiring to do their best.

It's been a great year. I can't wait to get back to working with all our stakeholders and welcoming new students and staff in August. I wish our departing students the best in their examinations and in life going forward. Remember you are all part of the Global De La Salle family, and there will always be friendship close at hand wherever you are. Always remember that you are in the presence of God.

New School Buildings

This year saw the beginning of construction on our new building. This building will house a new Home Economics room, a new Woodwork room and a new IT room as well as new bathroom facilities. The new building is being built on the old basketball courts out the back of the PE hall and was designed by C.J. Falconer Architects.

All going well the new building should be completed by Christmas this year and open to students in the new year. Everyone in the De La Salle community is eagerly awaiting this event with great anticipation.











De La Salle Musical Society's Grease!

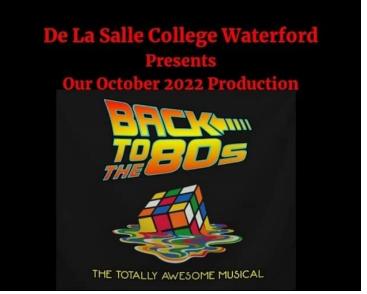
This year saw the return of the long-standing tradition of the school musical which goes all the way back to 1978. This year's show was "Grease". The show - which is about the trials and tribulations of teenage life, love and friendship - saw massive success, selling out two nights and filling a huge amount of seats during the other five performances. We would like to thank all of the sponsors who backed our production of Grease and also everybody who purchased a ticket to give the cast the audiences they deserved.



The audition process for the next show "Back To The 80's" has already begun. We can only hope that we have a cast as amazing as last years.

Excitement and enthusiasm are already building up among the performers as this is an energetic and show -stopping production.

Thanks to Ms. White and Ms. Caulfield without whom the show would not go on. Their expertise and huge commitment is greatly appreciated by one and all.



LGBTQIA+ ChillOut Talks

As part of the inclusion initiative in De La Salle College, Ms Sinnott organised some guest speakers from Chill Out to come into the school to talk with the first-year students. Chill Out are a Waterford based LGBTI+ youth project and support group.

A key aim of the inclusion initiative is to foster a safe, supportive community for LGBTI+ young people within our school. It is crucial our LGBTI+ young people are accepted and appreciated for who they are and encouraged to take PRIDE in themselves. But likewise, it is vital for those outside the LGBTI+ community to learn about the experiences of the LBGTI+ community and the issues they face. This can help our students to become allies, not enemies to groups that are different to their own groups and communities.

So, what does it mean to be an **ally?** We ask students to be genuine, kind and show concern for every student's wellbeing including those students who identify as being part of the LGBTI+ community. An ally supports and accepts LGBT people. They do not engage in homophobic, transphobic or any in discriminatory behaviour. If a student sees this behaviour, they are encouraged to get help or tell a member of staff.

How can you be an ally?

- 1. <u>Stay Informed</u>: It is okay to ask a genuine question to a member of the LGBTI+ community if you do not understand something. Do research on issues affecting LGBTI+ young people and be aware of the key terms and concepts.
- 2. **Speak Up**: Choose words that heal and not hurt. Do not engage with people who are using hurtful words and tell a trusted adult/member of staff if this occurs. By not showing support for people who are being hurtful, you reduce their power and encourage others not to support their views.
- 3. <u>Support Equality</u>: Allow all students to come to school and feel comfortable to be themselves.
- 4. <u>Come Out as an Ally</u>: Anyone can be an ally, regardless of their sexual orientation and/ or gender identity. Be proud to support the LGBTI+ community.

Allies are crucial in our school community. Never underestimate the power of your voice & actions to implement positive change. Have the courage to be our school's cultural architects and help to lead a culture of inclusion and compassion.



"There is only one thing worse than fighting with allies. That is to fight without them" Winston Churchill

Harty Cup

Our Harty Cup team had a very good run this season, getting as far as the semi-final which took place in January and saw the De La Salle team take on St. Joseph's Tulla. The Clare side put up a very good fight and despite a goal from De La Salle, St. Joseph's won the match in the end by 0-20 to 1-13. We appreciate the efforts of every player, the coaching staff and everybody who got behind the team and we very much look forward to the 2022-2023 season!





All-Ireland Victory for Ballygunner

On February 12th, Ballygunner GAA came head-to-head with Ballyhale in the All Ireland Club Hurling Final. The panel included 5 teachers from De La Salle, and we were delighted to welcome the team to our school in March, with all bar one being past pupils of De La Salle College.

We really appreciate that they took the time to come in to speak to our own hurlers and have no doubt their words and achievements will help inspire the lads as they continue to develop.



Munster Schools Tennis Competition



The School's Under 17's and Under 19's tennis teams played in the Munster Schools Tennis Competition on the 24th of March. Both teams battled Ard Scoil na Mara from Tramore. The teams unfortunately lost to them but it was a lovely day and good fun was had by all.

Soccer

We are delighted to have three of our students representing their country's football team this year, with Romeo Akachukwu, Jason Healy and Adam Queally all donning green for the Irish Under 16s. Romeo, a 3rd Year student, was also selected to appear in the Waterford FC squad for their league tie against Galway in March.



New Soccer Team Sponsors



In March we were delighted to welcome Susan Hogan and Owen Power of Enerpower to De La Salle College to present our new senior soccer jerseys to the team. Enerpower are industry leaders in energy efficiency and renewable technologies, and we are extremely grateful for their support of the school and our students. Alessandro De Sanctis and Dara Kavanagh from the team were on hand to accept the jerseys and to thank Susan and Owen for the company's sponsorship. The jerseys brought some great success for our football teams, with our Under 17s and Under 19s winning the Munster title.

Under-14 Roinn A Post Primary Competition

Victory was never in doubt today as we had two sides battling it out in the final of the under-14 Roinn A Post Primary competition. The skill on display from both sides was superb and the match was only decided by the last strike of the game. Well done to both teams on a fantastic match. Brothers Conor and Shane Power of De La Salle GAA Club are photographed accepting the trophy at SETU Arena.



Munster Swimming

Huge congratulations to Rohit Das in 5th year in De La Salle College Waterford who distinguished himself individually in the Munster Schools Swimming competition in University of Limerick in early February. He competed in the 100 backstroke and in the 200 I.M where he came 4th. Recently, he also came 3rd in 100m backstroke in his age category and won a provincial medal at the Munster/Connacht long course championships. Well done Rohit.

Basketball

Our second year basketball squad lost out in the semi-final of the Midlands A League by one basket. It was just brilliant to be back playing games again despite covid-19 times. Well done to all our basketball teams and a special mention to Ahmed Bello, James Cunningham and Andy Malone who after six dedicated years to Basketball are leaving us. We wish them every success in the future and thanks for the wonderful memories.



Le Chéile Catholic Schools Trust

February 1st we joined in Le Chéile's organized celebration for St Brigid's Day. As there are 75 Le Chéile Schools, it was an excellent opportunity for over 400 students and 70 teachers to connect, share ideas and celebrate being part of the wider Le Chéile family.

We were one of the seven schools who came forward to showcase just some of the wonderful work being done by both students and teachers in De La Salle College, Waterford. The students involved displayed many examples of student leadership and ethos in action. We can be extremely proud of them.

Please find our video here https://youtu.be/2La8wf78-Bk



ASD Hub Fundraising

Our ASD Hub raised €340 for Autism Assistance Dogs Ireland earlier this term. Today we were delighted to welcome Ernie, the Ambassador Dog for the charity, with his carer Sarah to the school as we presented them with their money.

Well done to all involved for their fundraising efforts and a huge thank you to everybody who helped contribute to this very worthy cause!



New Flag

We were delighted to welcome Mayor of Waterford Joe Kelly to our school before Easter, and he was glad to help us fly a new tricolour during his visit.

Throughout the year, we have been delighted to fly a number of flags which are close to the heart of members of the De La Salle College community.

These include the Ballygunner colours, the Le Chéile flag, the De La Salle flag, the Pride colours and the flag from Coding Ireland to acknowledge the work of students in the Coding Club following the introduction of Computer Science in our school.

Inclusion Week - ASD and Me

As of 2020 research has shown that one in 52 people are on the spectrum in one way or another and I'm sure most of you are friends with or at least know someone on the spectrum. Some famous people on the spectrum include: Elon Musk, Lionel Messi, Gretta Thunberg and Albert Einstein

One of the students in the hub worked extremely hard this year on spreading awareness of what it is like to be on the spectrum in school and to help students understand 'ableism' better so that students on the spectrum aren't excluded or treated differently. This brave student was Alex Mackey, a TY student. His speech evolved from an assignment given to him by his leadership teacher. The class were to give a 3-minute speech about themselves. This is where Alex decided to share with his classmates what his life has been like and some of the struggles he has faced. The speech was so good that some of the teachers asked to hear it and Alex agreed to extend it so that he could take part in Inclusion Week and give the speech to 1st year and TY classes.

As this is a daunting task, Mrs Sinnott worked together with Alex to share with the students a little about the introduction of the Hub and then Alex presented his speech.

Here is an extract that Alex would like to share.

"I was officially diagnosed with Autism at 13, I was told that Autism isn't a set thing it's a spectrum and everyone on the spectrum is different to each other. No one on the spectrum is the same. Here is everything on the spectrum that affects me (in no particular order)

- I often get sensory overloads
- My senses are heightened
- I have sensory issues
- I have poor social skills
- Poor organizational skills
- I struggle to read facial expressions
- I also struggle with tones of voices
- I am often on high alert
- I overthink way too much
- Meltdowns
- Emotional distress

School life with autism is difficult to say the least, for me the learning environment is super stressful thanks to constant sensory issues. I also find school work very difficult as I only have 14% working memory (thanks autism) meaning I can only do 1 task at a time and have difficulty following specific instructions as I'm very easily distracted. I



overthink everything, it's often caused by social interaction and anxiety. I will overthink because I am trying to prepare myself for every perceivable outcome. What panics me is that I realize I can't prevent certain things from happening.

Thanks to sensory issues I'm pretty much on high alert all the time in school which can be extremely tiring. When I talk about sensory issues, I mean anything to do with my senses are heightened and can cause problems for me. For example, a simple click of a pen or the buzzing of a light or the ticking of a clock could cause problems. For me this sounds way louder and annoying then they actually are to others. When you have autism, you cannot block out sounds or filter what you hear or see. We have sensory overload. For someone with autism in a classroom full of life, noise and activity could be super stressful to deal with whereas the rest of you may take it for granted.

When these sensory issues get out of hand it can often lead to complete shutdowns or meltdowns. I would need to leave the situation I am not coping with in order to stim. Stimming is the action of repetitive movements like flapping, rocking, pacing etc. Someone could also stim by making noises with their mouth.

When people stim, it could do one of many things, stimming can calm you down, it can regulate you and it can bring you out of a meltdown. Bottom line is people need to stim and should never face judgment for doing it or be prevented or stopped from doing it. I have a few stimming behaviours but I prefer to do them in private because I see them as not "normal" however this is not true and stimming is in fact perfectly normal stimming helps me cope in certain situations and if I didn't do it, I would not be able to cope in the school environment at all. Stimming keeps us regulated and keeps us calm. We have our struggles and we need to feel validated, understood and accepted for who we are without judgment.

One problem I and many others on the spectrum have experienced is ableism. Some people think that people on the spectrum are stupid or not able to participate or be included. In fact, it is the exact opposite. Ableism can come in many different forms for example infantilization, talking down to someone on the spectrum or just plain hate speech, ableism is a very real thing and a huge problem in today's world

Just because I am on the spectrum does that mean I am any different to you?

Tell me because I'm on the spectrum should I be treated like a lesser person?

NO!

People on the spectrum aren't stupid

People on the spectrum should never be treated differently

That's why I shared my speech during inclusion week, to raise awareness about this



to raise awareness about this to raise awareness about people like me. Everyone needs to understand that we all cope in our different ways, some of us regulate by stimming, and thanks to the HUB which was brought into this school at the start of this school year, I can leave to stim there now in a much bigger area and there's more accessibility and acceptance of my needs

I'm extremely thankful that I can do this now. Luckily, I am allowed to regulate myself which just makes my life much easier. School has gotten easier over the years thanks to me finding different ways to learn about and live with my autism.

And now after reading an extract from my talk I hope I have passed on the key information to you so as when you see me or anyone on the spectrum that you see us for who we are and not for our autism"

Alex's talk has offered both staff and students the opportunity to understand what it can be like to be in school with ASD. He has also reminded us that we are all unique in our own way and should not be excluded or treated differently because of it.

The Hub

The Hub has reached the end of its first year. It has been an enjoyable experience for all students.

They have engaged in pony visits, hatching eggs, social trips out of the Hub and joined other students in their trips away from school in activities such as choir, drumming classes, baking, yoga, Castlecomer Discovery Park, Velocity and Ballyhass. Our year will conclude with an outing for all the students in the Hub.



Young SVP

The Young Saint Vincent de Paul Committee has been very active this year organizing and carrying out events with the help of teachers and students. They also organised a Students vs Teacher Soccer Match to raise funds for the SVP and succeeded in raising €537! The TY Student's team won in the end, much to the displeasure of the crowd who surprisingly were mostly supporting the teachers team!

They also partook in a Random Act of Kindness where our school's Young SVP Committee sent a hamper to FCJ Bunclody and in turn they received gifts from Presentation Co. Carlow. This all led to the SVP youth day on 27th April where pizza was ordered and videos from other schools were presented to show their gratitude for the Young SVP programme. This is only one of many things that they accomplished this year, including awareness presentations made to the first year classes on their work.



TY End of Year Trip



On Tuesday May 17th and Wednesday May 18th, the annual Transition Year end-of-year trip took place, which saw our TYs embark on an epic quest to the wild, untamed, primitive regions of northwest-ish County Cork. The trip was to Ballyhass Lakes Adventure Centre, near Mallow, involving an overnight stay in Kanturk followed by more activities on the Wednesday before heading home. The TYs left the school at 9:00 and on the way to Ballyhass they stopped at Mahon Point shopping centre where they got a few hours to get some food and do some shopping.

Once they arrived at Ballyhass the TYs did two sets of activities such as high-ropes, leap of faith, the aquapark, stand up paddle boarding, ziplining and archery. Ballyhass Adventure Centre is based around an old quarry that they have since filled with water. The staff are very friendly and well trained and the activities are really good fun!

At 8pm the TYs went to their accommodation at the IEC Kanturk where they were given a dinner of burgers and chips. Lights were off at 11pm and phones were collected up for the night. The following morning, they were woken at 7:30 for breakfast which comprised of sausages, rolls and juice. The buses then

left to head back to Ballyhass for the day's activities. The groups did 3 activities each that day, whichever activities they hadn't done the previous day. Lunch was included at Ballyhass and each TY was given a pizza (either margarita or pepperoni) and a bottle of water before resuming the activities.

At around 4pm, the buses arrived back at Ballyhass to take the (very tired!) TYs home where they arrived back at De La Salle at around 7pm. It was a great trip overall!

We'd like to give a special thanks to Ms Cantwell for organising the trip.

TY Soccer Tournament

We recently had the final day of our TY Wellbeing sports event. Well done to all 6 TY groups who played with great spirit and togetherness. Thanks to Tommy Grant and Jack Jacob who organized the whole tournament, and to our referees Jack Hennessy and Niall Dawson, who kept great control of each match. Overall it was a great success. Well done to the winning team TY 5.

School Awards



The Annual Awards took place in the college chapel on Monday May 9th. This year there were two ceremonies, one for Junior Cycle classes, which took place during school, and our usual evening ceremony for Senior Cycle students.

Shane O'Sullivan was the guest speaker for the night. There was a great turnout and it was great to have parents back accompanying their Senior Cycle students again this year.

- The Principal's Award was given to Eoin Farrell.
- The Year-Head Award went to Mark Branigan.
- The Frank O'Callaghan award went to Páraic Murphy.
- The Owen Murphy La Sallian award was given to James Aylward.

Gaisce

It has been another busy year in DLS for students completing their Gaisce bronze, silver and gold award challenges. Students from 3rd year (for the first time) and TY worked towards their bronze awards, while Rohit Das in 5th year completed his silver medal challenges.

Noah Cowman in 6th year is also busy working towards his gold medal. Well done to all students who completed the various challenges over the year and their adventure journey on Waterford Greenway.



CPR 4 Schools

CPR stands for Cardiopulmonary Resuscitation. Thanks to the Irish Heart Foundation's launch of its innovative 'CPR 4 Schools' programme, over 70 students here in De La Salle College have been trained and certified this year to perform this life-saving skill. It has provided them with training in what to do in the event that someone near them suffers cardiac arrest.



"Around 5,000 cardiac arrests take place in Ireland every year. In each case, having someone nearby who can perform CPR immediately is crucial to their survival. International research shows that a person is 10 times more likely to do CPR if they are trained."

Here are some of the students who have been trained in CPR this year with their teacher Ms. D. Grant.

An Interview With: Br Finbarr Murphy

Oisín: So tell us, how did you decide to be a De La Salle Brother?

Brother Finbarr: I was finishing primary school when I got my calling to the Brothers. Reading these missionary magazines back in the 1940s, during World War II when Europe and the world were so poor.

Oisín: That's a brilliant way to have found your calling. Can you tell us a little about your early life, where you were born and the influences that inspired you to join the brotherhood?

Brother Finbarr: Right, we're going back to the 1940s, and I remember starting primary school at the age of 5. We would walk 2.5 miles to school on a stoney, untarred road. Ireland at that time was a very poor country, and life was harsh. At that time we were under economic pressure from England in different ways. Foods were rationed. I remember in 1939 I was only three- and-a-half years, but I remember for that Christmas we had a big, big Christmas box of oranges and bananas gifted to us by the local grocery stores. We wouldn't see those fruits again for another five years.

Life was really tough in Ireland, and it was especial-



ly hard near
Ballingeary
in West
Cork where
I'm from.
We lived in
a Gaeltacht
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dation in Gaeilge which stood to us all the way to Leaving Cert - and beyond.

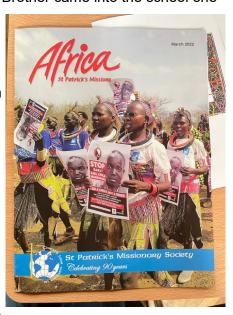
Despite all the hardship, there was a keen sense of social justice. Success in Gaeilge meant a grant of £5 per pupil at the time. Families would be orally examined all together. My two sisters and I would be duly examined in Oral Irish. Imagine a cheque for €250, in early December!

My parents were very devout Catholics and we would say the rosary every night, kneeling on the floor, hands on the seat of the chairs. Even though money was scarce, my parents would allow us children to buy religious magazines such as The Far East and Africa. Naturally, my heroes were those brave missionaries going out to those 'far away places with strange-sounding names.' Were they



not bringing - christian education of course - and development to those 'third world countries'. I wanted to be like them. I remember in 4th class there was a wonderful picture of the Sacred Heart over the fireplace in the school, and as a 4th class kid, I'd be praying to that sacred icon, that one day I'd be a missionary. Then providentially, before I left primary school, a Brother came into the school one

day. This Brother wanted any boys who had passed their primary school cert who were interested in becoming Brothers. So in due course, he came around and he interviewed me with my parents and I said I wanted to be a Brother because I wanted to be a missionary. Oh, but it was a long time before that missionary dream was fulfilled.



My parents were very devout Catholics and so they were happy that I was doing something I was very interested in. I was the second youngest, two of my sisters actually became Nuns.

So in due course, I trained as a primary school teacher here, I graduated right here in De La Salle College in 1957 as a primary school teacher. and then having taught in primary school from Standard 2, I completed my degree in UCD.

In due course I came back to teach here. And I remember, I used to love teaching geography, and that year of 1972, I had a great class for geography and we decided we'd do a project. We investigated flooding on the quays of Waterford and we got the first prize for the geography section of the Young Scientists Award!



That was great fun, but it also gave the lads a lot of interest.

I also took charge of the Debating Society because our 250 boarders had to be engaged in something cultural in their free time. I supervised the debating society in what is today Room A 4. I took great pleasure in those entertaining exchanges. Meeting lads afterwards they would talk about those debates and the fun they used to have.

We won the Young Scientists of the Year in January '72. At the end of that year I was on my way to South Africa, because I had wanted all along, to become a missionary Brother. S Africa was then under the unjust apartheid regime. For the first couple of years I taught in the Brothers' Secondary School. The Apartheid Regime was horrendously, biased and prejudiced against black people but also against Catholics. Catholic education would give a view of social justice that would not tolerate the Apartheid system. So the Catholic schools were left struggling financially; they got not a penny of government support. They squeezed most catholic schools out of existence.

Then the Riots of '76 broke out in my first year of black education and I remember the day those riots broke out, in a township called Soweto, and the mood of the lads the following morning at breakfast was totally different, they were now militant, overnight they'd changed because the spirit of freedom for them was be free of their white teachers. I was kicked out of black education and I found myself saying 'Finbarr, you have no school to go to! You've been kicked out of black education, you can't go into white education very easily, what are you going to do?' I looked around and I reflected a lot, prayed a lot, consulted the community too and I said the greatest source we need around here is an independent medium - a print medium. So I got a regional newspaper going, it was only fortnightly, but it was regional, going across a space nearly bigger than Ireland, because the space out there is

vast. So that meant studying print journalism but it also meant something much tougher - where will I get the money to launch a newspaper? Where will the journalists come from? Well, I'll start from the beginning. Train the journalists.

Now some of them I knew from a black teachers college I had taught in. I was squeezed out of that. So now I had a new job, and there was a vast educational task ahead. Nobody was training journalists. The media was White owned and African owned. So I was starting, point zero, studying print media myself and then starting something much more challenging - fundraising.

I hadn't a penny to my name, so that would mean training facilities, literature, time, and recruiting the students. I would have known a lot of them from my time teaching from the general Rustenburg area, they'd know me too. So we trained them as print journalists and got our newspaper going. We called it WEST, because it covered the western region of the province.

That paper made us known. And we were a voluntary organisation of young people with a managerial board. With a constitution that we'd established. And we had some very, very good people on our side - Lawyers. They gave us free legal advice, and that was essential, because what we were doing was original, dangerous and it was going to upset some groups and alienate some groups, but it would please the vast majority of the black people we were addressing. The journalists were trained in the print medium, then after two years we set out for the big dream, to make the jump from print to radio. Now radio is a much easier medium all together. Writing is always tougher than talking. Radio is yap yap.



To make a long story short, I got very, very good funding from the Canadian government, the Brothers headquarters in Rome and many other organisations. And then I got one of the big daily newspapers in South Africa to support us on the radio because what you want for radio:

- A. You need equipment
- B. You want a premises, that needs rent
- C. You need maintenance

And it was a steep learning curve for me because for the radio itself, I could manage to write news and different forms of reporting etc. But training a group of about ten young, black men and women into that was a very challenging thing to be doing.

And something I'm proud of is that I'd often hear of this new local black university called Bop University, and they'd have students studying journalism there and when they'd get degrees, and some of my trainees, they'd be competing out there for jobs with them, and my guys would get it because they had practice. The other guys had theory from books, but they had never lived it or understood it in any way. So my guys would get the post - every time!

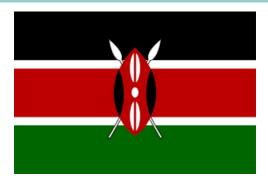
Anyway, soon enough we were able to expand from a broadcast studio to a production studio; so we could make our own programmes and write plays, poetry, public speaking all kinds of things, all circulating across an area as big as Ireland.

And then we got a mobile broadcast studio, so we would go out and report from a big football match, a public gathering, basically any event within a hundred kilometres we could go out and report with our own studio on wheels. This was a goldmine. Now we were making money. The team was trained, all the rent and everything was in order and I was free to go.

Ed: Can we ask what was the name of your radio station?

It is Radio Mafisa, and you'll get it on the internet. The word mafisa comes from the Setswana language and it refers to the custom of sharing milk with a neighbour whose milch cow(s) or goats would have run dry. As you see, the word carries warm, positive connotations.





I was free to go and break new educational ground to my next mission - in Kenya. At this point I had gained much valuable experience in developmental projects. I had learned from experience, not from books, how to write a formal business proposal; how to involve the local community; how to identify likely donors, including embassies; how to balance the books, to start new projects. Hence I was enabled to start my work in the awful slums of Nairobi. Now I could talk for hours about what a shock that was, and it remains with me. The poverty of Kenya is ten times worse than that of South Africa. The social injustice by Kenyans, on their own people.

Nobody really knows what the true population of Nairobi is. Do you know why? It's a tribal problem among the Kikuyus, the Swahili and various other tribes. Since independence from GB in 1963, ambitious politicians knew that rural folks wanted jobs and houses from their newly recognised political leaders in their capital city, Nairobi.

"Just vote for me and you'll get a house and a job." and they come in thousands and tens of thousands over the years following independence.

Today there are millions, four or five million people living in the miserable slums of Nairobi. What kind of house did they get? A one-room shack divided in two by a strip of curtain. No electricity.

Worse, no running water which gives rise to the infamous 'flying toilets.' And these slums are spread around most of the capital.

I look back and I think: Why did the whole civilised world object to apartheid, when there's infinitely more grining poverty and cruelty in Kenya and other African countries, than there ever was in S. Africa? That remains a puzzle to me to this day. The thing is of course democracy evolves slowly, while Kenya and most other African countries remain mainly tribal, and hence face major political and economic problems...Nor is Kenya endowed with the array of precious metals as is S Africa.

In the 2009 general elections, the country broke down into civil war and the United Nations had to intervene with an ultimatum: enforce an immediate ceasefire or, settle for a UN-supervised peace-keeping authority. All fighting had to stop or the UN would send in a peace keeping force.

I left Kenya after training about six or seven hundred slum teachers and getting them out of the gutters. The schools in the slums were shacks; for a chalkboard they'd have half a half-door that they



picked up somewhere. There'd be nothing in those classrooms, not even desks. There might be one big table. The kids were accepted only if they had money. It would take until 2003 for the Kenyan government to establish free primary education.

Teachers were untrained and I knew there would be great talent among those young people if I could only organise them, say, for afternoon, and Saturday classes/lectures. With my experience in S. Africa of fundraising and general management, I secured funds and got lectures underway. Over the next 12 years I was able to train between six and seven hundred of those teachers, between 2002 and 2014. Several have continued with their studies, from Certificate, to Diploma, to B Ed, to Master's. One lady is now completing her PhD! I returned to Ireland in 2014.

Oisín: Who were the most influential people in your life?

Brother Finbarr: I've studied in different universities over the years. There were a lot of great educators who inspired me, including my personal Spiritual Directors. Among those teachers who affirmed me most was one Brother Oliver. He was a wonderful Maths/Science teacher for Leaving Cert. But it was the way he corrected the classroom culprit that impressed me most. In the event of a cheeky, provocative answer he'd pause silently for several seconds. We students would be in awe at the drama. Of course the culprit would be cringing in suspense...Oliver would totally ignore the offensive answer, and continue the lesson in a *lower tone of voice*. *Total self-control*!

Come the end of the lesson, the culprit would apologise voluntarily.

I've successfully used this mode of correction in my years teaching at primary, secondary and tertiary levels. It has always worked.

Ed: How do you like to spend your time now?

Brother Finbarr: Well, at whatever level, teaching has always been my first love. So as you see, I still go around to classes here in the college, and give presentations mainly in RE contexts. There's nothing quite like preparing and delivering a lesson that truly educates. I also picked up a hobby called Calligraphy from the aforementioned Brother Oliver.

This little card is based on the core biblical concept, truth, which is pretty much what I teach about when I go around to the classes. Truth sets us free. Jesus declares, *I am the truth*.

Oisín: It's a gorgeous piece of work.



Brother Finbarr: Thank you, this I scribbled in the last half hour.

Now my other hobby would be investigating the big stories on the Internet. I investigate issues and still stay up to date with the news, nationally and globally.



Ed: Maybe just one more question. What would your favourite subject to teach be?

Brother Finbarr: That's a tough question. Currently here in this school my choice subject is RE. I only hope and pray that my powerpoint lessons inspire students to reflect on the real meaning of life. After RE, I love to investigate educational theory. In Nairobi, I was presenting Educational Psychology and came across the work of Professor Howard Gardner who works from some New York university. He believes that there are 'many kinds of intelligences,' apart from skills in maths and science. When I explained the concept of multiple intelligences to my Nairobi slum student-teachers they were quite impressed.

In a feedback session from those trainees one young lady called Lucky remarked, 'Until I studied this new idea about different kinds of intelligences I thought I was quite stupid. But now thanks to Gardner, I know I'm 'totally fantastic'!

I actually emailed Prof Gardner from Nairobi, reporting Lucky's response to his theory. He duly responded - a gesture I really appreciate to this day.







Brother Finbarr in one of the many Newspaper articles that featured his class's winning of the Young Scientists Award in 1972 (above)



A special moment shared by Br. Finbar with Pope Jean Paul 11 when on a sabbatical year in Rome as part of the International Lasallian Community in 1990

Art Department News

Creative Engagement Project:

Ms Ryan's 1st Year Visual Art Students got to work with Environmental Artist Sean Corcoran on site at the beautiful beach of Tramore.

Students and their Visual Art Teachers Hayley Ryan and Sean O'Donnell embraced the outdoors and created wonderful Artworks exploring the theme 'Patterns in Nature'.

Following an in school presentation from Sean, students completed three outings at Tramore beach, creating wonderful Sand drawings and stone stacking artworks. This is part of an environmental art project facilitated through the Creative Engagement Programme. Students and teachers had a fantastic experience, embracing the creation of Environmental Art.

BLAST: Bringing Live Arts to Students and Teachers.

Ms. Ryan's 1st Year Visual Art Students also got the opportunity to work with local artist Christine O'Brien through the BLAST initiative. The aim of this initiative is to give pupils in schools all over the country the opportunity to work with a professional artist on unique projects. Students experienced collaborating with a professional artist. They explored drawing and sculpture through the observation of



movement and nature. Students created wonderful oil pastel drawings and three dimensional sculptures inspired by the beauty of trees in nature.







LCA1 Visual Art- Creative Engagement Project.

Through the Creative Engagement Project Ms Ryan's LCA1 students collaborated with local artist Jennie O'Neill. Jennie is an eco-friendly Irish artist & illustrator. Students got to experience two gallery visits to Garter Lane to explore historical and contemporary artists. By collaborating with Jennie O'Neill, students created artworks through the exploration of drawing and collage.

LCA 2 Visual Art- Wall Drawings.

Ms Ryan's LCA2 students added a splash of colour and loads of creativity to the Art Department. Students took inspiration from Irish artist Michael Craig-Martin and created two large Wall Drawings. These pieces are full of fun and will continue to show the great work produced by LCA2 students this year.





The Visual Art Department is buzzing again!

Once Covid restrictions were lifted students were welcomed back to local galleries and museums and teaching learning was no longer restricted to the classroom.

We reconnected with GOMA which is on our doorstep. The highlight of the year was visiting the gallery to see the work of Seiko Hayase who then presented a history of her work to date. National Drawing Day was marked this year by the students being facilitated with drawing slots that then allowed their A4 drawings to become part of an Exhibition marking this important calendar day of celebration. We thank Jenna & Nora for all the encouragement shown to our students.

5th years have been offered printing facilities in GOMA'S new 'Printing room' which we aim to start the academic year of 2022/23 with. This year's 5th years are the first students experiencing the new Leaving Cert format for Senior Cycle art. We as teachers are thrilled to provide the new course content which embraces the digital world we now live in. Just because you didn't do Visual Art for JC does not mean you can't do it as a Leaving cert subject and consider it for high points.

So bye bye 4 papers in the LC (only subject to have 4!) hello individuality and futures in visual Art.

The musical 'Grease' had costume and props input from TY students ...analytical thinking and fun learning carried us through March and into the Easter holidays.

Mrs. O'Connor would also like to congratulate ALL exam students on the completion of their Art Practical projects and wish them success in their state exams.

The ART Department thankfully were back to assisting with end of year Graduations where we were able to gather again as a community. We showcased the many talents of our students from 6th year and TY.

We finished the year with our 2nd year Visual Art students completing their CBA I. The chosen crafts were Dry Point Etching & Lino Printing.

Junior House Visual Art Award 2022 : Sherwan Almohamad Senior House Visual Art Award 2021 : Piotr Grodecki

Mr. Sean O'Donnell joined The Art Department for the year. His students and both of us are sad to see him leave. Thank you and every success in the future.

Mrs. Elaine O'Connor

5th Year Well-being and Sports Day

A great day of fun and fitness was enjoyed by the 5th Year students on the 11th May. Their Well-being and Sports Event was enhanced by the sunny dry weather and their own enthusiasm. It was appreciated all the more after a year of further restrictions and social distancing. It was a renewed pleasure to mix with friends and different class groups in a 'friendly' competitive environment. The Student Council organised this event and would like to say thank you to all the teachers who helped out on the day.

Among the highlights of the day was the soccer tournament in the afternoon. All teams played their hearts out. A big thanks has to go to the school's Student Council as well who organised and made this event happen! Some of the events that took place over the course of the day were:

- Well-being/Health Talk by Mr. Moran and Mr. Mahony
- Yoga guided by Ms. O'Shea
- An Poc Fada by Mr. McGrath
- Tug o' War by Mr. F. O'Brien
- Spud n' Spoon Race by Ms. Claudia Lane
- Relay Race by Mr. Dooley.





European Parliament Ambassador School Program Update

Trip to the European Parliament Liaison Office

Eight lucky TY EU Studies students enjoyed a trip to Dublin city to visit the European Parliament Liaison Office. The lucky eight students, Ed Whelan, Amr Abdalla, Darragh Bolger, Raymond Pempho Chimwala, Sam Hennessy, Mussab Khan, Dziugas Svirskas and Oisín Cooke were welcomed by the Press Officer Jack Moloney. Students were given the amazing opportunity to visit the building and have a Q&A with Jack. Not only was the weather on our side but students bagged themselves some serious goodies.



Europe Day- EPAS Awards Ceremony

Europe Day was celebrated in style this year as a group of Ms Ryan's TY EPAS students attended the



first in person EPAS
Awards
Ceremony
in two
years. The
event took
place in
Bru Boru,
Cashel,



Co. Tipperary. The Awards Ceremony saw a panel of MEPs in attendance, along with a number of other EPAS schools gathered together for the wonderful event. Our

very own Darragh Bolger and Oisín Cooke gave an excellent presentation on their own experience of



the EPAS programme. Lunch followed, including a Europe Day Cake which was cut by the MEPs and the busses arrived to take everyone home at 2:00. It was a great day enjoyed by all.

De La Salle College Ministerial Visit

De La Salle College and TY EPAS Students were delighted to receive a ministerial visit from Minister Mary Butler and the Slovenian Ambassador Stanislav Vidovič. Students were given the unique opportunity to discuss the EU and the EPAS Programme with Minister Mary Butler and Stanislav Vidovič. It was a highly successful and prestigious event for all involved in De La Salle College.



F1 in Schools—R Cubed Racing

R-cubed Racing is De La Salle's F1 in schools Team. It was formed back in late October with members consisting of Cian Bosworth, Team Leader, Adam Kearney, Design Engineer, Patrick O'Leary

and Cormac Sheehan, Graphic Designers, Alex Jacob, Resource Manager, Robert Tracy, Manufacturing Engineer.

The R-cubed message is Reduce, Reuse, Recycle. Our main goal is to tackle one of the biggest topics that's affecting us today,

In late November of 2021, The Team, Mr O'Brien and Mr Campbell took a trip to WIT where they met Carlos and Seam, at the Waterford research centre in WIT. 'They helped us create the necessary parts we needed for our car, I Form Centre and 3D-WIT, two more engineering organisations in WIT that helped us manufacture our car that they would race in the finals. It was a pleasure to meet them as they showed us their lab



where they 3D printed the objects and showed us what they printed.'

After a few months of preparation and buying supplies, the Team were about to set off to F1 in schools finals just after their TY exams. They left Waterford with their car, portfolios and pit display equipment at 4 o'clock as they embarked on their journey with Mr O'Brien and Mr Campbell to Leisureland, Galway where their competition was being held. The Team stayed at Kinlay Hotel overnight and left the next morning at 8 to Leisureland to set up their pit display and showcase their car to the other F1 in schools teams from other counties.

During the day, the team had to present a verbal presentation about R-cubed to judges where they were judged on performance, structure and design, a Engineering portfolio about the car and early stages of building and designing it and a Enterprise portfolio about the sponsors and the finances of R -cubed along with its social media. During the interval before racing the car, the team got to talk and see other teams cars.

Our race was scheduled at 2 and the team were happy with the results they got from it. That car made R-cubed Racing come Second in Munster and 4th fastest car in the qualifying round. The team was so happy along with the teachers. The Team were later asked if they would like to do this again when they go into fifth year and most of them were eager to!





Ukraine

The Student Council organised a No– Uniform Day on Friday 23rd March to raise funds for the Ukrainian Crisis.

Four 5th year students put the creative talents into action and created two beautiful colourful posters to help us to create awareness of the fundraiser.

Students and staff contributed generously and we were delighted to raise 1,800 for this cause. Thanks to all who donated.

A special thank you to Tomás Partridge, Hans Gayeta, Scott Power and Billy McDonald (Ms. O' Connor's 5th Yr Art Class) who gave readily of their time and talent to create these touching posters.

In March our 3rd Year class 3ET helped load up and handover the donated goods collected as part of our Ukraine appeal recently. Huge thanks to all who helped out, and a special thanks to Karen for all her work with the initiative. Anybody who has ever come through the doors of our school will know how helpful and selfless she is!



Tree-Planting

A special thank you to first year's Ryan Burke and Mikey Toohey who planted some Hazel and Silver Birch trees around the junior field to enhance the environment.

De La Salle Day

Friday May 13th was De La Salle Day, the annual feast day of St John Baptiste De La Salle, and the school had its usual celebrations. These began with a mass in the morning in St Joseph's & Benildus for all students where the De La Salle choir sang the hymns. When the students arrived back at the school Br Tommy was waiting for them in the foyer with fizzy drinks cans and bags of crisps, while the staff enjoyed celebrations in the staff room. Students were then given a half day to enjoy the rest of the day.





Blue Plaques

Take a stroll around our historic city of Waterford and you will stumble across over 40 round blue plaques...what are these Blue Plaques all about you may wonder? Waterford Civic Trust has installed these plaques to commemorate a link between a particular location and a famous person/event.

On Friday, 29th April, De La Salle College was awarded two Blue Plaques. One highlighted the importance of the college as a National Training College (1891-1939) which produced over 4,000 primary school teachers of a high standard to educate children nationwide. The other plaque honoured the memory of Brother Potamian O'Reilly (1846-1917) who was a physics professor in the college and conducted one of Ire-



land's first ever x-rays on 13th April 1896. Brother Potamian left Waterford to continue his teaching career in Manhattan, New York, where he was posthumously described by the press as "one of the pioneers in radiography".

The unveiling ceremony of the Heritage Blue Plaques was led by Chair of the Waterford Civic Trust Eugene Broderick who was impressed by the historic façade of the college. The event was open to the public and attendees were blessed with mild, sunny weather as the event commenced outdoors at the front of the school where the plaques are displayed. Eugene Broderick invited all into the chapel where the following speakers shared their thoughts and knowledge; Desmond Griffin, (WCT Secretary), Fergus Dunne, (Former DLS Teacher), Michael Walsh, (Principal DLS), Mary McDonagh, (Science Teacher DLS), Br Ben Hanlon, (DLS Provincial), Br Tommy Walsh, (DLS Superior), Tom O'Neill, (Former DLS Teacher).

Refreshments were enjoyed afterwards where facilitators and attendees alike conversed over the event and the continuing importance of the college on the lives of the youth and their education today. A huge thank you to the Student Council who organised and helped with the smooth unfolding of celebrations.



De La Salle Senior Choir

The De La Salle Senior Choir have been up to lots this year, most notably partaking in the annual Cork Choral Festival. On April 27th, the choir headed up to Cork City Hall where they performed 'All The Fine Young Men' and an arrangement of 'Peigín Litir Mór', arranged by their conductor, Br Ben Hanlon. The choir came second in the competition and were given an hour to go around Cork City for lunch afterwards. Overall, the day was a great success!

Summer Concert

What nicer way to end your summer evening than sitting back, relaxing and listening to piano performances and sensational singers? That is how the audience of De La Salle College's annual Summer Concert spent the evening of Tuesday 24th May in the chapel.

The event was memorable for many reasons. To begin, the audience was awed by the talent, from self-composed acoustic guitar vocals, self-taught pianists, brass soloists, choir performances and much more. The musical mastery of the pupils was mesmerising.

However, the concert was historically memorable for two more reasons. Firstly, this was the first annual summer concert since pre-Covid times (3 years!). For many participants, this meant it was their first public performance. Secondly, the evening ended with a surprise



for all; the chapel organ, which has been inactive for the past 20 years, was brought to life once more by Brother Ben in a choral rendition of the De La Sallian anthem. This was made possible by the donation of a new organ motor by organist of the Catholic Cathedral and former pupil David Forde.

A huge thank you to Ms Harrison who coordinated the event, Brother Ben who conducted the choir, Ed Whelan, Oliver Harris, and George Lyons who acted as sound engineers (as well as performers!), and most importantly, a pat on the back for all musicians who made the night possible!





Farewell to Class of 2022

As Year Head of the Sixth Years, I would like to wish the Graduation Class of 2022 the very best of luck. For some students in the group, I have been their Year Head for five years, for others it has been since September 2020. I have enjoyed my time working with this group and I would like to thank them all for their courtesy and co- operation in my dealings with them. I would also like to pass on my gratitude to the parents and guardians of the Sixth Year class for their support over the last number of years.

When the class of 2022 entered De la Salle in 2016 or 2017, the world was a very different place. Since then we have experienced the Covid pandemic, which interrupted both their academic lives in school as well as their lives outside of school. When the boys of 2022 entered the college, there was no talk of online learning or remote teaching. The thoughts of students and staff wearing masks was unheard of. Some of this class did not even get the opportunity to sit their Junior Cert exam, so they now face into the Leaving Cert as the first state exam they will sit.



Great credit is due to the class for overcoming all of the obstacles that they faced. In such challenging times they had to show strength and resilience. This resilience will stand to them in future years, whether they go to college, start an apprenticeship, pursue a Post Leaving Cert course or enter the world of work.

As their Year Head over the last number of years, I am well aware of the obstacles and challenges they faced. Hopefully the worst excesses of the pandemic are in the past and the class of 2022 can look forward with optimism to the future and grasp the opportunities which will come their way. While the Leaving Cert exam is a huge and significant event in their lives, it is not the be all and end all. It may prove to be a pathway to a future career, but there are always alternative options to explore.

My advice to the class is simple. Prepare as well as possible for your Leaving Cert, do the best you can in the exams and remember that once they are over, you begin a new phase in your lives. Maintain a good work- life balance. Pursue your hobbies and interests and try to find yourself in a career where you are happy. Always be the best person you can possibly be.

I wish you the very best of luck in the immediate hurdle that is the Leaving Cert. In addition, I wish you well in the much more important journey of life.

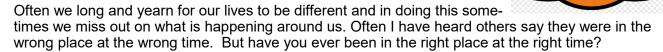
Declan Costello



Summer Reflection - Br William

It is said that young people spend a lot of time in the future. They cannot wait until: they are a certain age; they go into another class, another year group. The summer holidays – time to access the latest mobile telephone or designer clothes.

Elderly people spend a lot of time in the past: I remember when I was young using the phone box to make telephone calls. Working in another school was different from this one. The best holidays I ever had was?



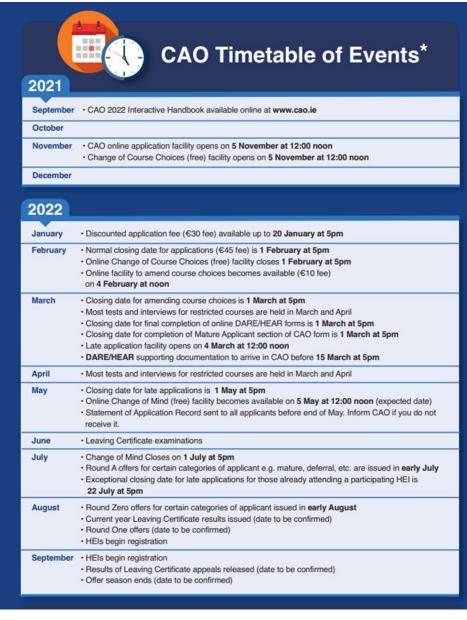
When you are in the right place at the right time often something happens. Can you think of a time? Maybe this is still to happen to you but being in the right place at the right time often happens to me daily in this school.

As the summer holidays approach we must be extra vigilant and look out for each other. Stay safe and enjoy your holidays!



Guidance Councilor

Since Christmas our 6th years have been busy researching and finalising their plans for next year. Many of our students have filled in their CAO forms with courses as varied as Medicine to Engineering, Agricultural Science to Psychology and Business & IT to Teaching. Students are applying for courses across Ireland and further afield with some students already with offers to study in the UK, Northern Ireland and others aspiring to European study. In April our 6th year students went to Waterford IT and Waterford College of Further Education to attend Open day lectures and visit the facilities in our new South East Technological University and our excellent local WCFE PLC college. Many students have also already secured Apprenticeships for next year, Ms Martin & Ms Murphy brought a group of 6th yr students on a tour of the wonderful Waterford Wexford ETB Training Centre in May, to see where many apprentices learn and practice skills on their college / "off the job" placements. The students got a fantastic opportunity to see the different types of Apprenticeships like Plastering, Agricultural and Motor Mechanics, Electrical, Plumbing and many more.



They had an opportunity to see demonstrations and talk to the Tutors on the courses which was invaluable. After the tour, we were treated to lunch by WWETB and then they had a presentation about other Apprenticeships like Logistics, Insurance, Pharma and Traineeships like Welding, Construction Groundwork skills and Hairdressing. Students also had Apprenticeship talks in school on where to find apprenticeship opportunities, what's required, the structure and the career opportunities.









De La Salle College Waterford

June 2022



Thank You

Whether you are a current student in De La Salle or a past pupil, a parent or relative, we'd like to thank you sincerely for reading this Newsletter. We hope to see most of you back in September! Have a great Summer!

This Newsletter was compiled by Oisín Cooke and Ed Whelan (TY) and we'd just like to thank a few key people - firstly, everyone who sent in articles, photos, or information, thank you so much, we couldn't have done it without you all! Secondly Cian Cunningham (5th Year) for helping us with getting set up and any issues we had along the way. A thank you should also go to Killian Calvey and Raymond Pempho Chimwala for keeping us company while we were writing. A special thank you to Ms Barry, Student Council Co-ordinator who helped in overseeing this project.

A huge thank you to Mr. R. Morrissey who assisted and enhanced the completion of this newsletter. His expertise and generosity are greatly appreciated.

We haven't mentioned everyone but those who we've missed out, you know who you are, and thank you! Have a great Summer everyone and we will see you all in September!

Oisín and Ed

(on behalf of The Student Council 2022)