

Resources for Positive Behaviour Management & Behaviour for Learning Skills Development

National Behaviour Support Service



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The National Behaviour Support Service (NBSS) was established by the Department of Education & Skills in 2006 in response to the recommendation in *School Matters: The Report of the Task Force on Student Behaviour in Second Level Schools* (2006).

The NBSS is funded by the Department of Education and Skills under the National Development Plan 2007 – 2013



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NBSS Model of Support to Schools - A Continuum of Support

The National Behaviour Support Service offers three levels of support to second level schools:



- **Level 1:** Whole School Positive Behaviour Support
- **Level 2:** Targeted Intervention Behaviour Support
- **Level 3:** Intensive, Individualised Behaviour Support

Through its model of support the NBSS works with schools in developing a continuum of support to address comprehensively students' social, emotional, academic and behavioural needs. This approach, based on international best practice, is applied across all three levels and is customised to the specific characteristics, needs and requirements of each partner school on an on-going basis as change occurs.

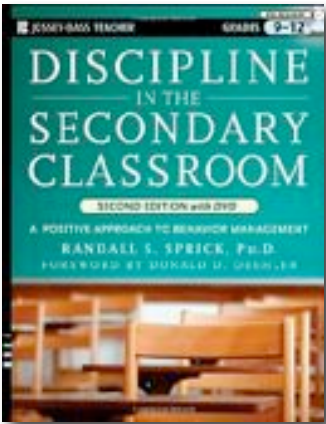
The NBSS has chosen a whole school approach as its fundamental vision and practice. This is defined as working with schools on vision, systems, structures and practices. The aim of Level 1 support is to stimulate the creation of school cultures that actively promote positive behaviour to enrich the learning and teaching experiences of all members of the school community. NBSS Level 2 supports schools in the development and implementation of targeted interventions for students, in small groups, class groups or year groups whose progress in school is impeded by their social, emotional, academic or behavioural skills. The third level of NBSS support is distinctive in that it is tailored to the specific needs of the individual student. Characteristically, this level of support is offered to the small number of students who, notwithstanding whole school behaviour support and targeted interventions, continue to experience difficulty. These students have multiple needs that call for an intensive, individualised intervention.

This booklet briefly describes books and resources that can support and inform the development of behaviour for learning skills, proactive and positive approaches to classroom discipline, as well as whole school strategies that promote positive behaviour to enrich learning and teaching.

**** Please note that this resource is not an "approved" list of books or programmes, nor does this list constitute an endorsement of these books and programmes over others that might be considered.***

Discipline in the Secondary Classroom: A Positive Approach to Behaviour Management

Author: Randy Sprick



Discipline in the Secondary Classroom, Second Edition, provides step-by-step guidance for designing a behaviour management plan. It contains strategies distilled from a research-based approach that is positive and equips teachers with techniques for responding to misbehaviour in a calm and consistent manner. The book offers practical strategies for beginning the school year, organising the classroom for success and establishing rules and behaviour expectations for students. This edition contains forms, samples, evaluation tools, practical advice, tips, checklists, posters and ready-to-use activities that will help fine-tune a behaviour management plan to reach more students.

Publisher: Jossey-Bass

Price: Approximately €28

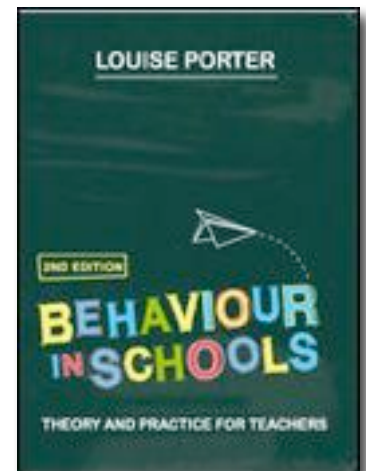
Behaviour in Schools

Author: Louise Porter

Behaviour in Schools offers an overview of the major theories of behaviour management in primary and secondary schools. The theories covered include assertive discipline, applied behaviour analysis, cognitive behavioural approaches, neo-Adlerian theory, humanism, Glasser's control theory and systems theory. The emphasis is on proactive approaches to discipline which allow teachers to achieve their educational and social goals for their students and themselves. Porter also shows how to enhance students' motivation and help students become confident and independent learners.

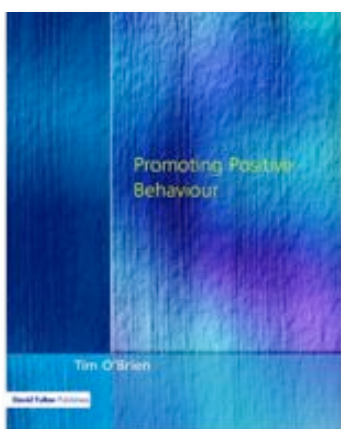
Publisher: Open University Press

Price: Approximately €26



Promoting Positive Behaviour

Author: Tim O'Brien



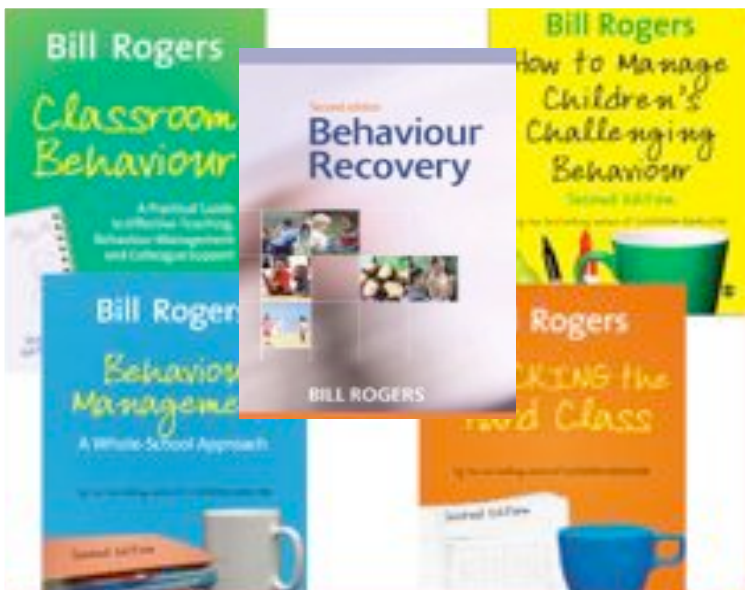
This book aims to help teachers promote positive behaviour by approaching challenging behaviour as a learning difficulty. The author tackles the issue of how teachers can analyse and meet the range of individual learning needs and considers the link between the management of teaching and learning and challenging behaviour. Preventative and intervention strategies, advice on observing behaviour and a description of a system for teacher support are outlined.

Publisher: David Fulton Publishers

Price: Approximately €23

Bill Rogers

<http://www.billrogers.com.au/>



Bill Rogers lectures and writes widely on discipline and behaviour management issues, classroom management, stress and teaching, colleague support, developing peer-support programmes for teachers and developing community-oriented policies for behaviour management, based on whole-school approaches. His books provide practical ideas and strategies. For example:

Cracking the Hard Class: Strategies for Managing the Harder than Average Class shows us that being an effective teacher can be developed through a series of specific skills and learnt actions. As well as constructive ideas and strategies, *Cracking the Hard Class, Second Edition* also highlights the normality of the pressures and stress felt by teachers dealing with these classes.

Classroom Behaviour. Second Edition: A Practical Guide to Effective Behaviour Management and Colleague Support is explicit in describing what to communicate (verbally and through body language) in managing a class and breaks down the "firm but fair" approach into its core components. Real-life teaching stories are included.

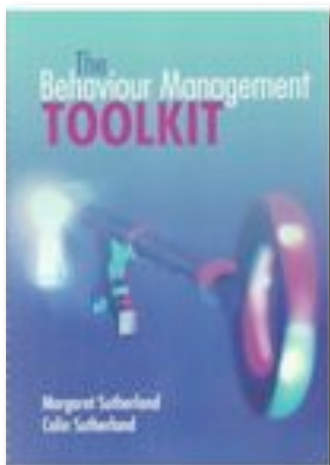
Behaviour Management: A Whole-School Approach covers such topics as positive discipline and the importance of consistency; particular skills in the language of discipline: verbal and non-verbal; techniques for managing bullying, aggression, rudeness and violence; methods to use with behaviourally disordered students; the 4Rs - rights, rules, responsibilities and routines; behavioural consequences; how to set up a behaviour management plan and express it in a policy.

Behaviour Recovery 2nd ed. includes chapters on discipline and behaviour management, attention deficit disorder (ADD) and frustration tolerance management. Preventative and intervention strategies and advice on observing behaviour and a description of a system for teacher support are outlined. The appendix contains photocopiable masters.

Price: Approximately €28 each

The Behaviour Management Toolkit

Author: Margaret Sutherland and Colin Sutherland



The Behaviour Management Toolkit provides an approach to dealing with challenging behaviour problems and is made up of units based on five key areas of concern within schools: Anger Management, Mood Management, Conflict Resolution, Peer Relationships and most importantly, Changing Classroom Behaviour. Each unit includes an introduction to the topic and worksheets with accompanying teacher guidance. Teachers can pick out individual worksheets to use when appropriate or work through each unit as a complete programme. The toolkit is primarily solution-focused.

Publisher: Hodder Education

Price: Approximately €92

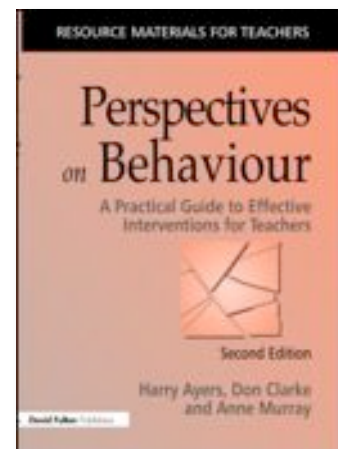
Perspectives on Behaviour

Author: H. Ayers, D. Clarke and A. Murray

This book outlines eight major perspectives on behaviour and their implications for the classroom: biological, behavioural, cognitive-behavioural, social learning, psychodynamic, humanist, ecosystemic and ecological. The biological perspective is included solely for information, particularly with reference to ADD/ADHD. The other seven perspectives are examined through the use of case studies, examples of interventions along with the presentation of instruments and photocopyable materials.

Publisher: David Fulton Publishers

Price: Approximately €24



School Survival: Helping Students Survive and Succeed in Secondary School

Author: Chris Wallace and Tina Rae



This book aims to support teachers in increasing their own understanding of the difficulties that some students experience in coping with school, particularly in the area of behaviour. It promotes a different way of looking at behaviour change in school and suggests practical ways to approach difficult students that may help ensure their inclusion in the mainstream context.

Publisher: SAGE Publications

Price: Approximately €25

Strategies for Changing Behaviour: Ready-to-use Techniques to Build Positive Attitudes to Learning

Author: Margaret Sutherland and Colin Sutherland



Strategies for Changing Behaviour offers practical, worksheet-based techniques that give a step-by-step guide to dealing with the underlying issues that cause behavioural problems. The techniques are principally for use in one-to-one situations with disaffected young people. They are aimed at getting to the root of the disaffection and enabling that person to see their way through to make changes to their lives that they can own and be responsible for.

Publisher: Optimus Education

Price: Approximately €85

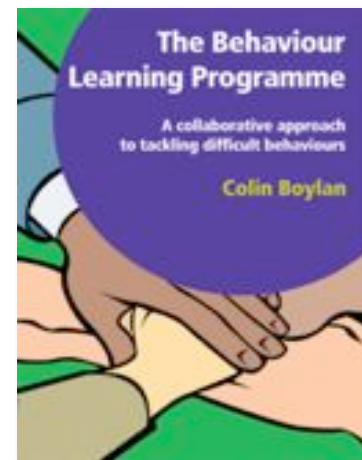
The Behaviour Learning Programme

Author: Colin Boylan

The Behaviour Learning Programme aims to support teachers in tackling difficult behaviours in students in a positive and pro-active manner. The positive approach described in this book is called the Choice Programme and looks at supporting students in the acquisition of new skills, creating a positive whole-school approach to behavioural difficulties and working with parents and carers as partners in the process. The book takes you through the implementation and ongoing management of the programme in a step-by-step way and includes student materials, staff training resources and details of how to effectively monitor the impacts of the programme.

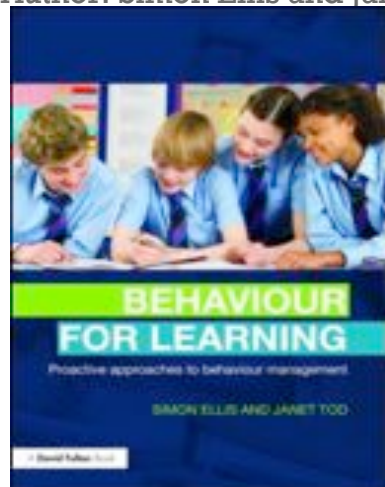
Publisher: Optimus Education

Price: Approximately €50



Behaviour for Learning: Proactive Approaches to Behaviour Management

Author: Simon Ellis and Janet Tod



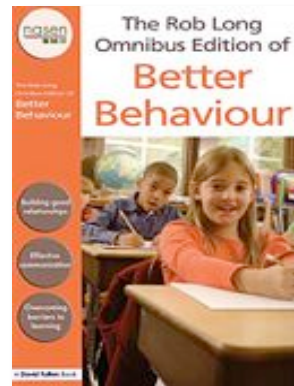
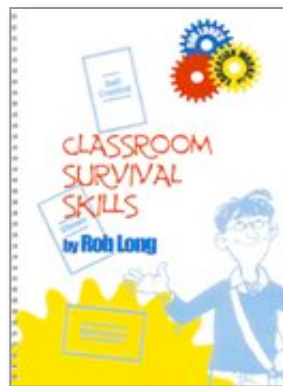
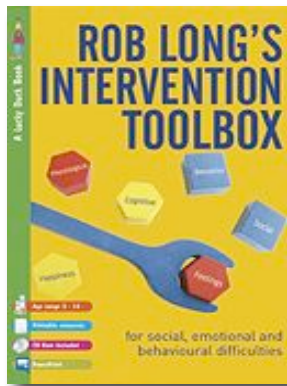
Behaviour for Learning offers a conceptual framework for making sense of the many behaviour management strategies on offer and their appropriateness and effectiveness in the classroom. Essentially, this book will help teachers: decide what strategy is best for individuals in their classroom, be aware of the evidence and the theoretical base that underpins that strategy use and be able to evaluate the effectiveness of that strategy. This book demonstrates that promoting learning and managing behaviour should not be seen as separate issues.

Publisher: David Fulton Publishers

Price: Approximately €26

Rob Long

<http://www.roblong.co.uk/>



Rob Long is a Chartered Educational Psychologist who works independently offering training in schools and colleges to teachers and other professionals. His main area of interest is supporting children who face emotional and behavioural difficulties and he has published several books to support the work and training that he provides. For example:

Rob Long's Intervention Toolbox conceptualises problem behaviour through different strands and advises on targeted interventions. The strands considered are: Physiological, Behavioural, Social, Affective, Cognitive and Happiness. As well as giving practical advice on dealing with specific conditions, it provides an action research model with proven techniques to enable staff to design comprehensive support programmes.

Classroom Survival Skills is designed for use with upper primary and secondary staff working alongside students who experience difficulties in class. It is a practical resource with activities which can be photocopied. The activities are aimed at helping students to improve their classroom skills with practical strategies for Listening, Organisation, Homework, Relationships & Communication, Self-Control, Motivation and Confidence.

Better Behaviour omnibus edition brings together eight of Rob Long's titles into one volume, addressing the different yet overlapping issues teachers face on a daily basis. Topics include: Positive Communication, Better Behaviour, Thoughts and Feelings, Motivation, Working with Groups, Adolescents in the Classroom, Loss and Separation and Obsessive Compulsive Disorders. The book suggests positive ways of dealing with challenging situations and describes good practice that can pre-empt and alleviate problems.

SNAP - Behaviour User's Kit is a computer-aided package which 'maps' a student's individual mix of problems onto an overall matrix of social, emotional and behavioural difficulties. Designed for ages 5 to 16, it enables SEN departments to make a structured assessment that pulls together information from home and school. SNAP-Behaviour focuses on the specific personal and social skills a student needs to be successful and how to develop and reinforce these skills, rather than possible underlying causes of any behaviour.

Price: Approximately €36 each

Steps to Better Behaviour - Series

Author: Chris Sullivan

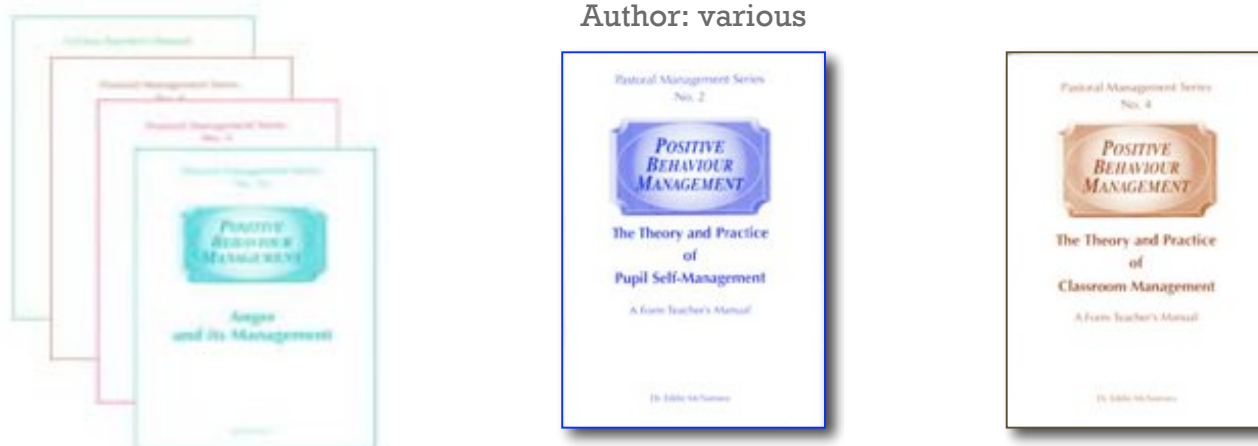


This three-book photocopiable resource kit aimed at 8-14+ students contains practical ideas, strategies, templates and case studies to promote positive behaviour in the classroom. Book A introduces a step-by-step approach to establishing a positive behaviour management system in the classroom. Book B focuses on strategies for maintaining and building the positive behaviour management system. Book C provides a step-by-step model to help teachers change inappropriate student behaviour.

*Publisher: User Friendly Resources
Price: Approximately €20 each*

Pastoral Management Series – 15 Books

Author: various

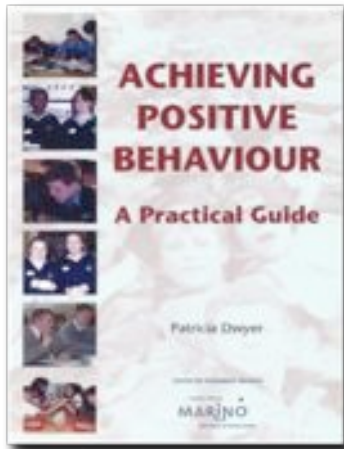


The Pastoral Management series is a resource package that aims to promote positive student behaviour and mental well-being and respond to the wide range of problems and difficulties some students experience. The series includes publications on: Pupil Self-Management; Behaviour Contracts; Classroom Management; Cognitive - Behavioural Management; Pupil Support: A Solution Focused approach (SFA); Anger and its Management; Promoting Emotional Literacy in Your School and Changing Thinking and Feeling to Change Behaviour.

*Publisher: Pastoral behaviour Management
Price: Approximately €9 each or €120 for all 15 titles*

Achieving Positive Behaviour: A Practical Guide

Author: Patricia Dwyer



This book presents best practice from across Ireland, the lessons of worldwide research and guidelines for action. Included is a range of models to move schools from policy to practice as well as an overview of global responses to behaviour management. Also provided is an outline of policy development approaches and solutions to particular concerns in the behaviour area.

Publisher: Marino Institute of Education

Price: Approximately €25

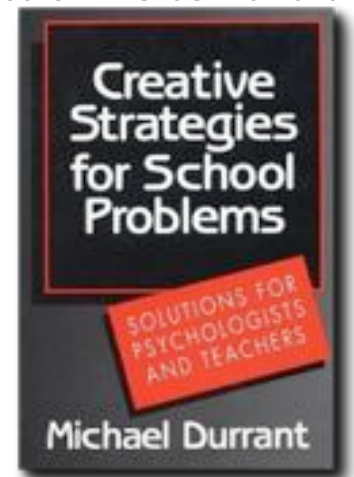
Creative Strategies for School Problems: Solutions for Psychologists and Teachers

Author: Michael Durrant

This book presents strategies for assessment, setting goals, intervening in problem behaviour, highlighting change and shifting the focus from present problems to future solutions. Numerous examples of this competency-based approach are presented throughout. The strategies described can be used in formal counseling, in classrooms, in consultation with teachers and in helping the school system as a whole respond differently to students. Forms, certificates and ways of harnessing school routines are included. Throughout there are numerous examples of this competency-based approach at work in real school settings.

Publisher: W. W. Norton & Company

Price: Approximately €18



Solution in Schools

Author: Yasmin Ajmal and Ioan Rees



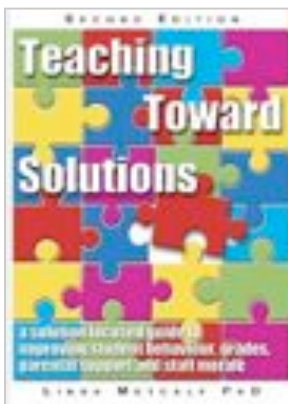
This is a collection of presentations on behavioural difficulties, stuck cases, anti-bullying, working with the secondary school, making the best use of time and students as a resource. The book illustrates the variety of applications of Solution-Focused Brief Therapy within school settings.

Publisher: BT Press

Price: Approximately €21

Teaching Toward Solutions

Author Linda Mecalif



This book is based on the concept of 'Solution-focused Strategies' and is an outline of how to apply positive reframing in a teaching situation. The techniques describe ways of refocusing attention on what the student has done positively. It offers guidelines for recognising students' abilities and shows how to help those diagnosed with anger disorders, ADD, separation and anxiety.

Publisher: Crown House Publishing

Price: Approximately €25

Solution Focused Approach for Secondary Staff and Students

Author: Elizabeth Smith and Tina Rae

This book provides resource with which to teach students the key skills and strategies of solution focused approaches. The 8 sessions in the programme are - 1: Introduction and ground rules 2: Problem free talk, the miracle question and target setting 3: Defining a preferred future 4: Looking for positives – identifying what is working now and finding exceptions 5: Scaling in order to reach your goals 6: Problem solving and looking ahead 7: Magic me: my miracle self – visualising future success and planning for success Session 8: Running a session – skills practice and evaluation.

Publisher: Optimus Education

Price: Approximately €110



Solution Focused Thinking in Schools

Author: John Rhodes and Yasmin Ajmal



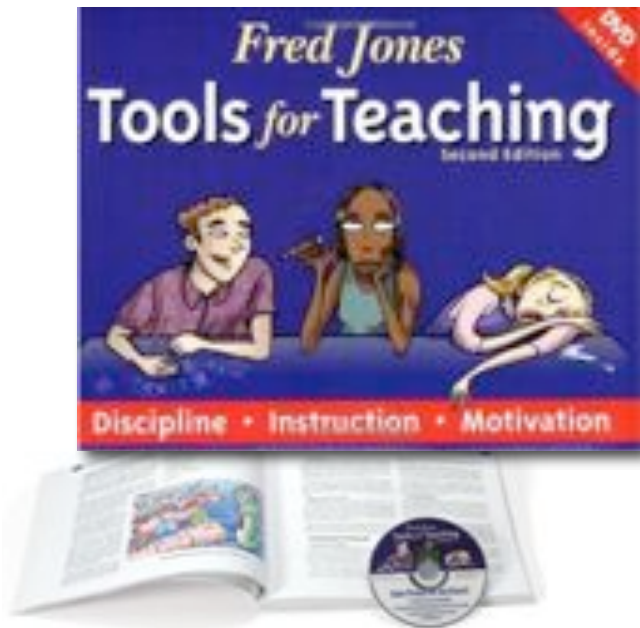
This book suggests some ideas and strategies for finding solutions that work in the context of school. The emphasis is on looking for solution patterns as a basis for rekindling hope and facilitating change. It derives from a perspective which prefers to focus on the present situation and a person's definable goals rather than picking over the past.

Publisher: BT Press

Price: Approximately €18

Fred Jones

<http://www.fredjones.com/>



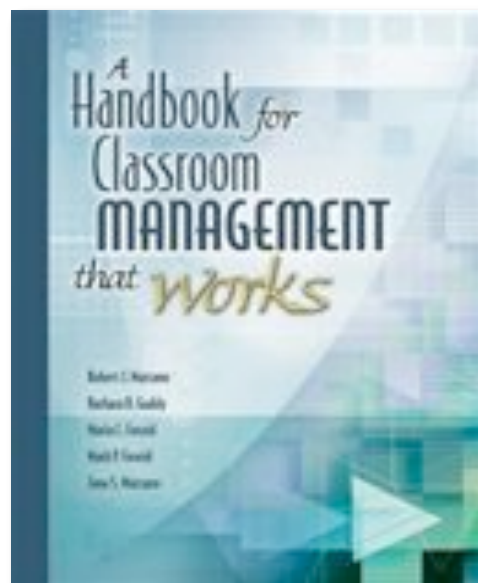
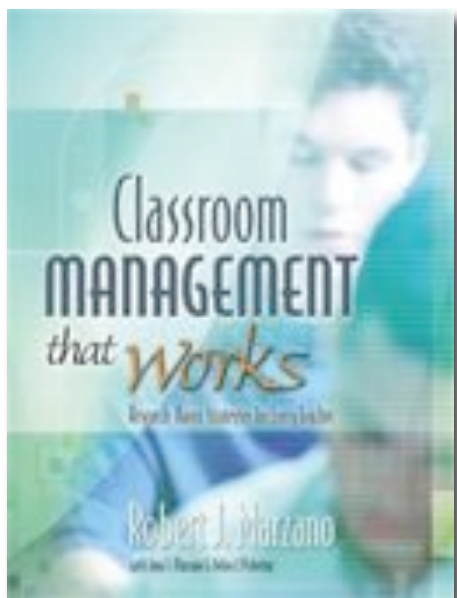
Tools for Teaching deals with discipline management *inside* of the classroom. It deals with both prevention and remediation - the integration of discipline, instruction and motivation. It offers a wide range of management situations from the classroom - students who disrupt, students who sit helplessly with their hands raised, students who say, "I'm not doing this" - and focuses on prevention using lessons learned from highly effective teachers. It also contains practical advice, such as how you should arrange the furniture in your room so that you can get to every student within a certain amount of steps, down to how you should turn your head if there's a distraction in the room, as well as many other techniques all aimed at increasing responsible student behaviour, motivation and independent learning.

Positive Classroom Discipline describes a non-adversarial approach to managing student disruptions. A major portion of the book is given over to the description of specific techniques and examples of their use and these sections have been updated in *Tools for Teaching*. However, *Positive Classroom Discipline* goes beyond the classroom to describe discipline management outside of the classroom. The latter chapters deal with topics such as the school discipline code, the management of the cafeteria and playground and the management of office referrals.

Price: Approximately €24

Robert J. Marzano

<http://www.marzanoresearch.com>



In *Classroom Management that Works* Marzano et al. draw upon over 100 studies of classroom management to explain the four most important general components of effective classroom management and their impact on student engagement and achievement. The book describes the action steps you need to take to establish rules and procedures, use effective disciplinary interventions and build positive student-teacher relationships. Real classroom stories illustrate how to get every class off to a good start, involve students in classroom management and develop effective schoolwide management policies.

The Handbook for Classroom Management that Works can be used as a self-help, study group or teacher workshop guide and shows how to implement the research-based classroom management practices from *Classroom Management That Works*. The authors take you through the classroom management approaches that support higher student achievement and provide hundreds of classroom-proven strategies and recommendations for:

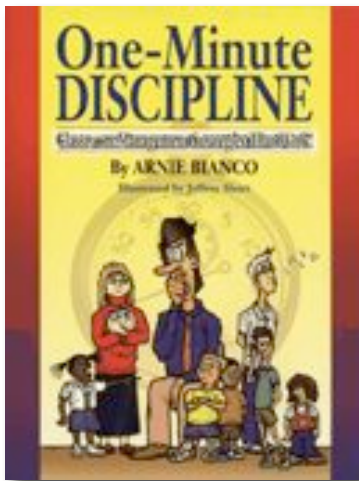
- Establishing basic rules and procedures
- Using effective discipline and consequences
- Creating positive teacher-student relationships
- Exhibiting a sound mental set for difficult situations
- Making students responsible for classroom management
- Dealing with schoolwide management issues

Also included are questionnaires, discussion topics, case studies and self-assessments.

Price: Approximately €20

One Minute Discipline: Classroom Strategies that Work

Author: Arnie Blanco



This resource contains a collection of practical techniques and ready-to-use tools for managing classroom behaviour and creating the positive environment that students and teachers need to promote learning. Each strategy is presented in a simple-to-use format for quick reference that shows what the technique or idea is, why you need it and how to make it work. Plus, the techniques are complemented by support ideas, reproducible forms and illustrations.

Publishers: Jossey-Bass

Approximately: €24

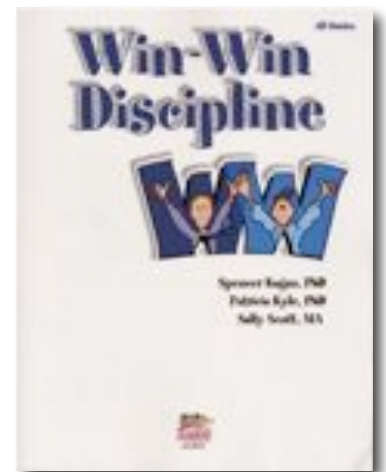
Win-Win Discipline: Strategies for All Discipline Problems

Author: S. Kagan, P. Kyle and S. Scott

The focus of the Win-Win Discipline theory is to promote life skills, cooperation and critical thinking about choices and consequences. Win-Win is composed of six parts: The Three Pillars, ABCD Disruptions, The Seven Positions, Preventive Procedures, Moment-of-Disruption Strategies and Follow-Ups. SmartCards which summarise the key points from each of the six sections of the book also include more than 100 preventive procedures.

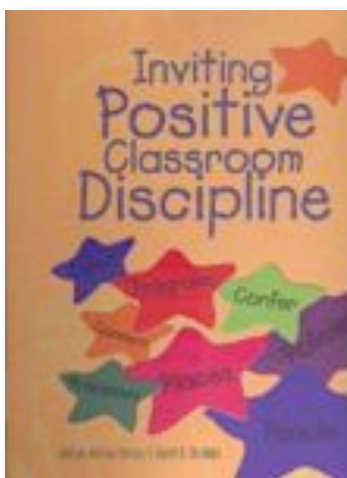
Publishers: Kagan Publishing

Approximately: €46



Inviting Positive Classroom Discipline

Author: David B. Strahan and William W. Purkey



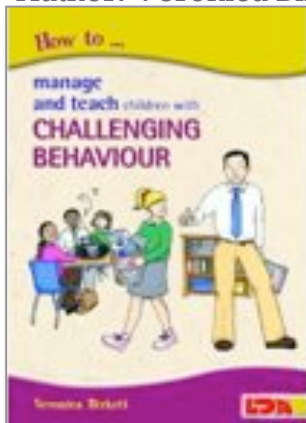
This book encourages teachers to create a school culture that promotes self-discipline and responsibility focusing on the 5 Ps: People, Places, Policies, Programmes and Processes. Topics include: Invitational Teaching: A Colour-coded approach to Classroom Management; What Colour is your Classroom?; The Five Powerful P's: Creating School Cultures that Promote Self-discipline; The Invitational Framework in Action; Classroom Practices that Promote Self-discipline and An Invitational Approach to Conflict Management.

Publishers: Hawker Brownlow Education

Approximately: €15

How to Manage and Teach Children with Challenging Behaviour

Author: Veronica Birkett



This book provides advice for school staff; definitions of troubled and troublesome behaviour; a model of behaviour management; and strategies for avoiding confrontation and dealing with it when it does arise. Taking the approach that prevention is better than cure, advice is given on how to create a positive ethos in which challenging behaviour is less likely to occur in the first place.

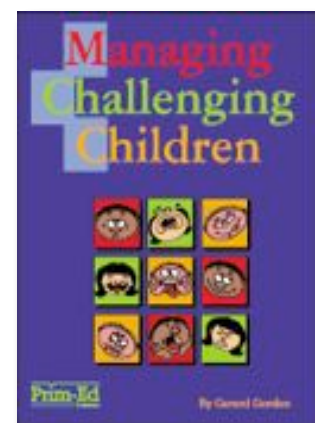
Publishers: LDA Publishing
Approximately: €12

Managing Challenging Children

Author: Gerard Gordon

This book emphasises the importance of personal empowerment and positive beliefs and then outlines a programme using specific strategies. Chapters cover: The effect of belief systems in the classroom; The power of perception; Empowering assumptions of behaviour; The illusion of control; The 'big toe first' technique; Choice-driven teaching; Emotional gardening; Punishment; and Rewards. Though aimed at primary many of the ideas could be adapted for second level.

Publishers: Prim-Ed Publishing
Approximately: €14



Challenging Behaviours in Mainstream Schools: Practical Strategies for Effective Intervention and Reintegration

Author: Jane Mc Sherry

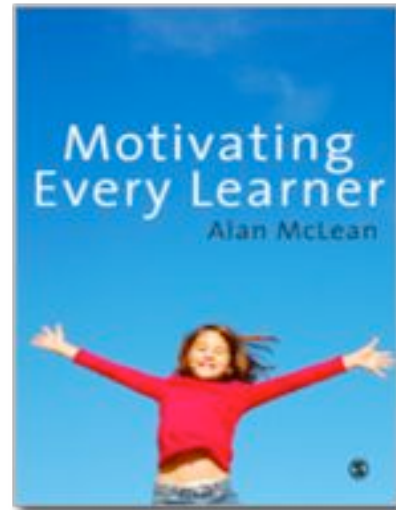


This book is designed to help teachers in the UK successfully include and reintegrate students with emotional and behavioural difficulties and challenging behaviours. It offers a structured programme that includes assessment, group work and post-intervention strategies. McSherry outlines the essential elements of a mainstream reintegration programme as: assessment of students' readiness for reintegration, preparation through interventions designed to help students develop the skills they will need in order to reintegrate successfully and support for students and receiving schools, post reintegration

Publishers: David Fulton Publisher
Approximately: €24

Alan McLean

<http://www.themotivatedschool.co.uk/>



Alan McLean is a Principal Psychologist in Glasgow. He is the author of the staff development packs - *Promoting Positive Behaviour in the Primary School*, *Promoting Positive Behaviour in the Secondary School* and *Bullyproofing Our School*. In 2005 he was commissioned to produce a training programme on Motivation by the Scottish government.

The *Motivated School* shows how important students' motivational mindsets can be in influencing the way they learn. McLean brings together evidence from recent research, shows how successful learning contexts can be created and provides real-life suggestions for teachers working with disengaged learners. This book provides a practical guide to both teacher and student motivation.

Motivating Every Learner explores the interactions between teachers and students and presents new ways of engaging young people in learning. McLean shows how teachers can shape their teaching to help children learn more effectively.

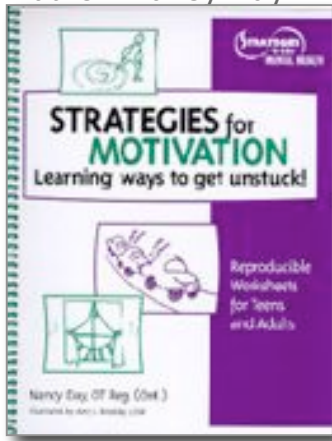
Chapters cover:

- What makes pupils tick?
- What pupils do to motivate themselves
- Understanding children's emotions
- What teachers can do to motivate pupils
- Personality styles and how to work with them effectively
- Children's learning stances

Price: Approximately €24

Strategies for Motivation: Learning Ways to Get Unstuck!

Author: Nancy Day



This resource is a collection of reproducible worksheets with teacher's instructions for each worksheet. Material is organised into five chapters: About Motivation; Being Responsible For My Motivation; Digging Deep From Within; Small Steps For Difficult Times; Reaching Out/Getting Out. The resource comes with a CD.

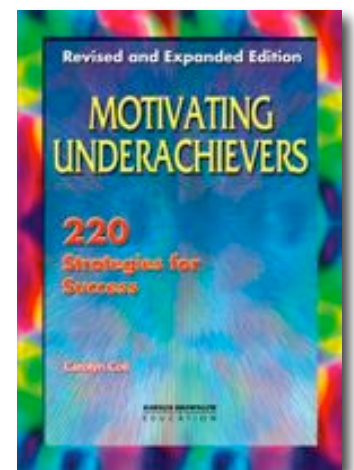
Publisher: Wellness Reproductions & Publishing
Price: Approximately €35

Motivating Underachievers – 220 Strategies for Success

Author: Carolyn Coil

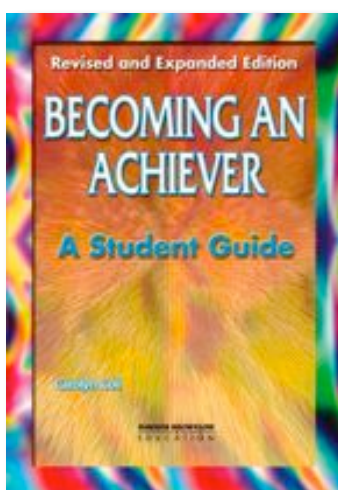
The book presents strategies manage and solve the problem of under achievement in learners. The idea is to pick and choose from the 220 strategies presented those that best suit the individual student or group. Strategies address self esteem, study skills, time management, organisational skills, test taking tips, intrinsic and extrinsic motivators, how to work with parents, and how to work within the school environment. The CD includes PDF forms and customisable WORD forms on areas such as: Taking Notes, Time Management, Making Choices and Learning Styles Checklist.

Publishers: Hawker Brownlow
Approximately: €27



Becoming an Achiever

Author: Carolyn Coil



This book describes seven steps to Becoming an Achiever:

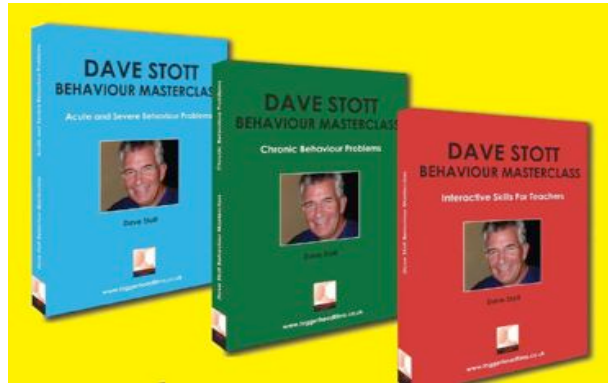
- Developing self-confidence
- Knowing how to set goals
- Becoming motivated
- Managing time and organising your life
- Developing study skills
- Learning how to take tests and other assessments
- Dealing with 'the system'

The workbook is accompanied by a CD with reproducible forms

Publishers: Hawker Brownlow
Approximately: €27

David Stott

<http://www.dave-stott.co.uk>



Dave Stott is a UK trainer and consultant in student behaviour management. He specialises in training in emotional literacy, anger management, behaviour, inclusion and reintegration in both mainstream and special education. He has produced 3 DVDs on behaviour management.

Chronic Behaviour Problems DVD: This DVD outlines the difference between chronic and acute behaviour problems, demonstrates practical examples of 'off task' behaviour problems, such as fidgeting and lack of attention, agitated movement, interrupting the learning of others by chatting or making physical contact and refusal to comply with clear instructions. He explores a hierarchy of responses involving: physical proximity; proximity praise; secret signals; location change; rewards and consequences. Also included is a question and answer session with the studio audience and a final review of suggested strategies. Provided on a separate CD-ROM are handouts and discussion points. Total running time is 40 minutes.

Interactive Skills: Managing Challenging Classroom Behaviour More Easily DVD: This DVD looks at typical styles of approach and makes the link between emotions and behaviour. He demonstrates passive and hostile styles of approach and response, including passive verbal and body language, speed of approach, pleading, threatening and giving up. It focuses on personal space and moving in and the effect on both the emotion and the behaviour of teacher and student. He explores how to use social space, personal space and intimate space, how to use eye contact and how to gain attention and take an appropriate calm stance when close to a student. The DVD concludes with a question and answer session with the studio audience, including some 'What if' questions. Also provided on a separate CD-ROM are handouts and useful discussion points. Total running time is 60 minutes.

Acute and Severe Behaviour Problems DVD: This DVD looks at specific examples of acute and severe incidents in the classroom and explores the effects on both the individual student, the whole group and on the teacher. Also highlighted are early warning signs, disruptive 'off task' behaviour, physical threats, arguments, anger and violence, direct verbal threats, damage to property, defiance and leaving the teaching area without permission. Strategies such as how to respond assertively, using scripted responses, carrying out one-to-one conferences and using individual behaviour plans are also looked at. It concludes with a question and answer session and on a separate CD-ROM are handouts and useful discussion points.

Price: Approximately €88 each

Changing Behaviour: Teaching Children with Emotional and Behavioural Difficulties in Primary and Secondary Classrooms

Author: Sylvia McNamara and Gill Moreton



This book is designed to help successfully include students with emotional and behavioral difficulties into the mainstream school. The book begins by examining the underlying causes of poor behaviour and what educators can do. The book looks at skills needed by the teacher, structures that allow those skills to be used effectively and skills needed by the peer group of students with behavioural difficulties. A variety of strategies are suggested that can be used in the classroom to develop these skills.

Publisher: Hawker Brownlow

Price: Approximately €20

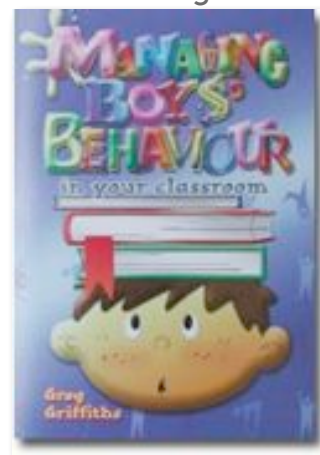
Managing Boys' Behaviour

Author: Greg Griffiths

The book offers practical ideas on how to cope with challenging students. It covers topics such as: the five Rs of rights, responsibilities, routines, relationships and rules to create an environment; how to effectively use positive and negative consequences, and how to best get students' attention during times when it is necessary for them to listen. It also shows how to set up productive group work and provides tips to manage challenging behaviour.

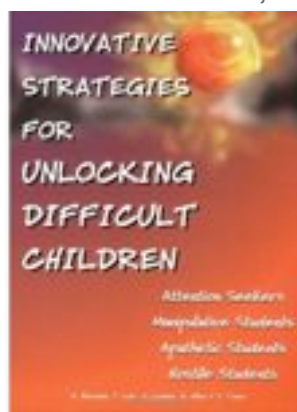
Publisher: Hawker Brownlow

Price: Approximately €20



Innovative Strategies for Unlocking Difficult Adolescents

Author: R. Bowman, T. Carr, K. Cooper, R. Miles and T. Toner



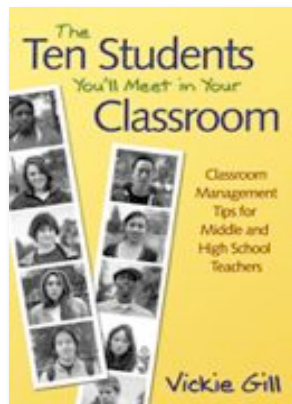
This book contains collections of ready-to-use strategies and activities for unlocking the potentials of "difficult" adolescent students. Some students are perceived by educators as "difficult" to manage. Strategies for reaching and helping: Attention-Seekers, Aggressive Students, Manipulators and Apathetic Students.

Publisher: Youthlight

Price: Approximately €20

The Ten Students You'll Meet in Your Classroom: Classroom Management Tips for Middle and High School Teachers

Author: Vickie Gill



Vickie Gill presents ten student archetypes to help teachers better understand and reach each member of their classrooms. Although students are unique and never fit neatly into one type, Gill shows teachers how to best work with students who exhibit certain kinds of behaviours. The book contains advice and specific classroom management strategies for each student type, sample lessons, activities, assignments and evaluations.

Publisher: Corwin Press
Price: Approximately €20

ADD/ADHD Behavior Change Resource Kit: Ready-to-Use Strategies & Activities for Helping Children with Attention Deficit Disorder

Author: Grad L. Flick

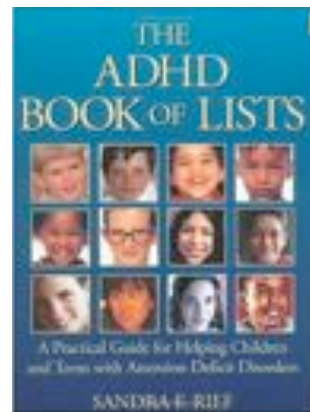
This book contains information and strategies to help students with attention deficits learn to control and change their own behaviours and build the academic, social and personal skills necessary for success in school. The Kit explains ADD/ADHD behaviour, its biological bases and basic characteristics and describes procedures used for diagnosis and various treatment options. It details a set of training exercises and programmes in which teachers, counselors and parents work together to monitor and manage the child's behaviour to achieve the desired results. Topics include: changing behaviour; building social skills; solving homework issues and improving classroom behaviour.

Publishers: Jossey Bass
Approximately: €24



The ADHD Book of Lists: A Practical Guide for Helping Children and Teens with Attention Deficit Disorders

Author: Sandra F. Rief

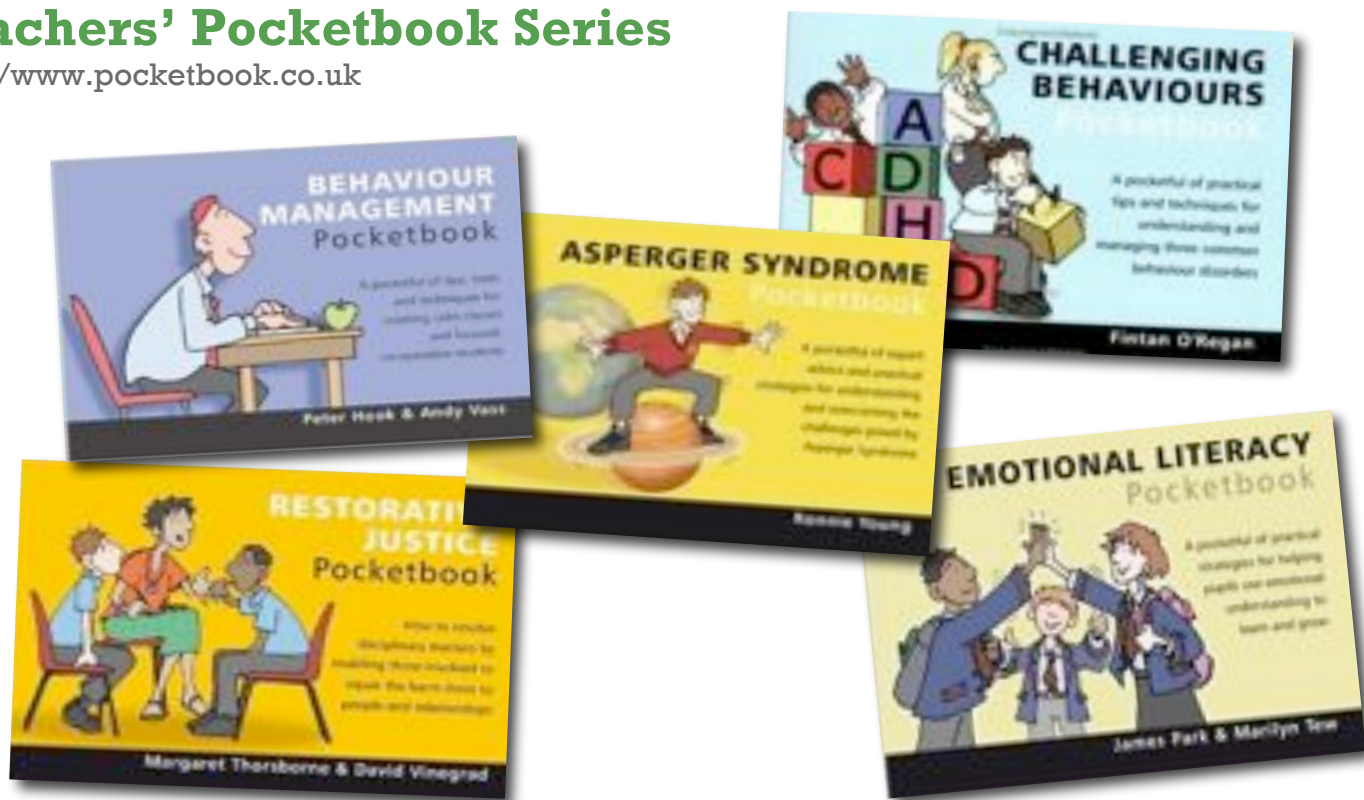


This book contains strategies, supports, tools and interventions that have been found to be the most effective in minimising the problems and optimising the success of children and teens with ADHD, written in a list format. It also contains reproducible checklists, forms, tools and resources.

Publishers: Jossey Bass
Approximately: €24

Teachers' Pocketbook Series

<http://www.pocketbook.co.uk>



There are over 30 titles in the *Teachers' Pocketbook series* written by various authors. For example:

In *The Behaviour Management Pocketbook* Peter Hook and Andy Vass unravel the complexities of teacher-student relationships. They cover different styles of classroom management, patterns and types of behaviour and offer a range of core principles and key strategies for dealing with everyday scenarios.

In *Asperger Syndrome Pocketbook* Ronnie Young explains what Asperger Syndrome is and offers a range of strategies for overcoming the challenges it poses in the classroom. The book covers: social impairment, obsessive interests; repetition and change; verbal and non-verbal communication; anger; sensory problems; study skills and exams; and considers whole school implications.

The *Challenging Behaviours Pocketbook* focuses on three particular behaviour disorders: Attention Deficit Hyperactivity Disorder, Conduct Disorder and Oppositional Defiant Disorder. Fintan O'Regan explains why some children are prone to developing a can't learn, won't learn or don't care attitude. He devotes individual chapters to each behaviour pattern. Practical classroom strategies include lesson scenarios, with example dialogues showing how different teacher responses can lead to different outcomes.

In the *Emotional Literacy Pocketbook* the authors use case studies to demonstrate the effectiveness of helping children to feel CLASI - Capable, Listened to, Accepted, Safe, Included. There are chapters on building relationships that support learning, on nurturing 'open' conversations, on working effectively in groups and on classroom organisation.

Price: Approximately €10 each

Managing Attention Deficit/ Hyperactivity Disorder in the Inclusive Classroom

Author: John Alban-Metcalf and Juliette Alban-Metcalf



This book explores the key features of ADHD; educational implications for children diagnosed; pros and cons of using medication; case studies which demonstrate the successful and effective inclusion of children with AD/HD into mainstream classrooms and ways in which parents, teachers and schools can co-operate with other agencies to ensure best provision for the child. Guidance on writing Individual Education Plans, are also included.

Publisher: David Fulton Publishers

Price: Approximately €28

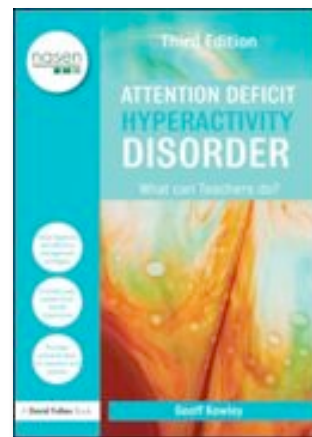
ADHD: What Teachers Can Do?

Author: Geoff Kewley

The 3rd edition of this book is intended as a practical guide to the process of dealing more effectively with ADHD. Children who have ADHD can often experience school failure and emotional, behavioural and social problems. This book contains educational strategies and behaviour management approaches that are best suited to each individual child. It gives an overview of the disorder based on the broad internationally recognised approach to ADHD, which takes account of its biological as well as environmental elements. It includes: real-life classroom scenarios and case studies of specific children; practical management strategies for both teachers and parents; an exploration of prevailing attitudes to ADHD; advice on initial diagnosis and ongoing assessment.

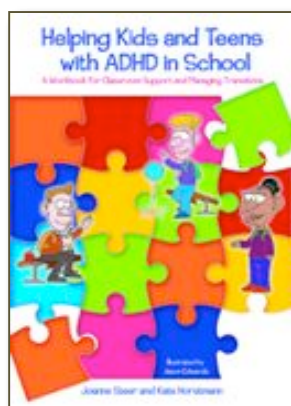
Publishers: Routledge

Approximately: €25



Helping Kids and Teens with ADHD in School: A Workbook for Classroom Support and Managing Transitions

Author: Joanne Steer and Kate Horstman



Young people with ADHD can struggle to develop the skills they need to adapt to new situations and establish greater independence. This photocopiable workbook is aimed at actively engaging young people with ADHD and supporting them as they negotiate the pitfalls of growing up and the transition to secondary school. Each chapter focuses on a different key issue such as organisation, friendships, homework, stress, test strategies and setting goals.

Publishers: Jessica Kingsley Publishers

Approximately: €26

Dave Vizard's Behaviour Solutions

<http://www.behaviourmatters.com>



On Dave Vizard's website you'll find a range of publications to support positive behaviour management. For example:

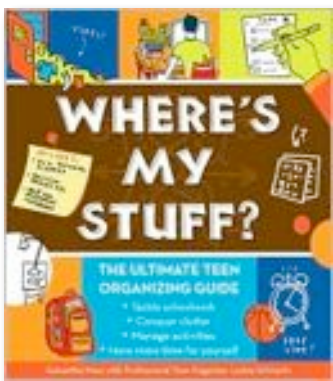
Behaviour Solutions in the Classroom by Dave Vizard is a photocopiable resource that looks at the main types of challenging behaviour. Topics include: verbal and non-verbal communication; conflict resolution; student self-management and maintaining teacher well-being. In *Top Tips for Badly Behaving Pupils* Dave Vizard provides strategies which are effective in dealing with badly behaving students. The strategies are listed, supported by illustrations and activity sheets.

Behaviour Matters: A Whole Class Behaviour Audit by Rob Long is photocopiable audit which allows teachers to produce a visual profile of their classroom management, assess their own performance and then consider what action is necessary. Topics include: Physical Organisation; Humour; Relationships; Confrontation Management; Rules & Routines; and Teaching Style. In *Student Survival Skills Audit* Rob Long provides an audit can then be used by the student, alongside a teacher or mentor to target areas where development or improvement is required. Topics include: Self-control; Learning Skills; Motivation; Friendships; Anger and Physical Skills.

Price: Approximately €32

Where's My Stuff: The Ultimate Teen Organizing Guide

Author: Samantha Moss



This guide aims to help young people get organised. It includes how to systematically organise the Big Three — school, time and space. The school section includes instructions on how to set up binders, notebooks and a study space. In the time chapter practical advice is given on managing schedules. In the space section techniques that transform bedrooms into peaceful retreats are suggested.

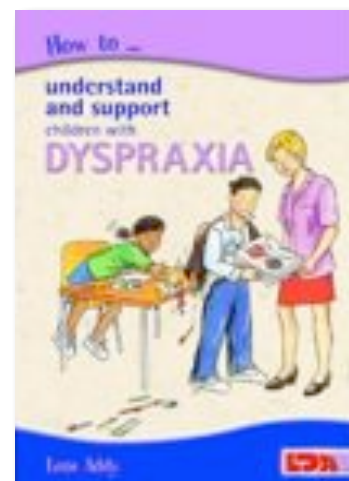
Publisher: Zest Books
Price: Approximately €15

How to Understand and Support Children with Dyspraxia

Author: Lois Addy

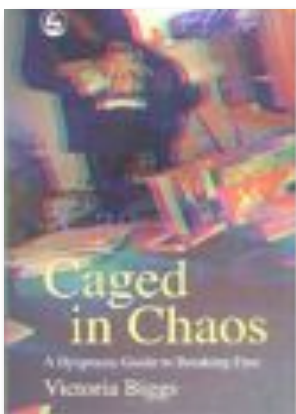
This book offers ideas and strategies to support children with dyspraxia and emphasises the importance of understanding dyspraxia in order to provide effective support for children with co-ordination and perceptual difficulties. The book includes: what to look out for to recognise children with dyspraxia; useful checklists for identification; details on the needs and difficulties faced by children with dyspraxia; ideas for support across the curriculum, in particular the areas of handwriting, numeracy, PE, reading, social skills and communication as well as frequently asked questions about dyspraxia.

Publishers: LDA Ltd
Approximately: €15



Caged in Chaos: A Dyspraxic Guide to Breaking Free

Author: Victoria Biggs



This book written by a teenager with dyspraxia about her experiences, offers recommendations for various difficulties encountered as a dyspraxic person growing up. It covers issues such as how not to lose all your stuff, how to mix with other people, how to revise for exams, how to tell people about dyspraxia as well as a range of other issues. In 2005 *Caged in Chaos: A Dyspraxic Guide to Breaking Free*, won the UK TES/NASEN Special Needs Children's Book Award

Publishers: Jessica Kingsley Publishers
Approximately: €15

100 Ideas for .../ 100+ Ideas for.../ 101 Essential Lists Series

<http://www.continuumbooks.com>



Written by various authors these series of books provides a range of titles across the teaching spectrum each of which contains hundreds of ideas on each topic. For example:

In *100+ Ideas for Managing Behaviour* Johnnie Young presents ideas that range from gaining the respect of your students to dealing with serious problems such as fights in the classroom and coping with the effects of bullying. Other areas covered are: Getting to know them; How to keep cool when the going gets tough; Keeping things on track in the classroom; Dealing with common problems; Giving out sanctions and rewards; The big picture; and Managing yourself.

In *100 Ideas for Supporting Pupils with ADHD* Geoff Kewley provides practical ideas to support students with ADHD. Topics include: Behavioural difficulties; Helping the pupil with organisation; Handwriting problems; and Enhancing self-esteem and social skills

In *100 Ideas for Supporting Pupils with Social Emotional and Behavioural Difficulties*, Roy Howarth provides over 100 ideas to enhance learning. Topics include: Your Classroom; The Lesson; Challenging behaviour and triggers; Pre-empting escalation; Behaviour likely to escalate; and Interventions following escalation.

Approximately: €10 each

Supporting Children with... Series

Author: Hull Learning Services



These books are part of an eleven-book series on a range of special needs published by David Fulton Publishers in conjunction with Hull Learning Services. Each book describes a specific educational need, explains how it might present difficulties within the school setting at both primary and secondary and offers strategies to meet students' needs. The books include a quick reference guide, templates, checklists and useful addresses and websites. Photocopiable forms are also provided. Titles include:

Supporting Children with Behaviour Difficulties: This book includes a definition and causes of different types of Behavior Difficulties; Teaching strategies to meet different learning styles; Advice on managing support staff; and a guide to co-ordinating home and school liaison.

Supporting Children with Autistic Spectrum Disorder: This book provide a definition of the condition and its effect on communication and behaviour; advice on how to organise the classroom and support staff; improve home-school liaison and work with siblings.

Supporting Children with Motor Co-ordination Difficulties: This book includes a definition and causes of different types of Motor Co-ordination Difficulties, the educational implications and advice on how to manage support staff.

Supporting Children with Speech and Language Difficulties: This book provides strategies for developing attention control, guidance on how to improve language and listening skill and ideas for teaching phonological awareness.

*Publishers: David Fulton Publishers
Approximately: €15 each*

Challenging Behaviour and Autism: Making sense – making progress

Author: Philip Whitaker



Philip Whitaker is a psychologist who specialises in working with children with autistic spectrum disorders. He is a co-author of *Autism - how to help your young child and Asperger syndrome: practical strategies for the classroom*. This book, aimed at parents, teachers and caregivers offers practical strategies for preventing or managing the challenging behaviours most likely to be encountered when living or working with children on the autism spectrum. Detailed case studies and key tips are included.

Publishers: Autism Asperger Publishing Company
Approximately: €18

Positive Behaviour Strategies to Support Children and Young People with Autism

Author: Martin Hanbury

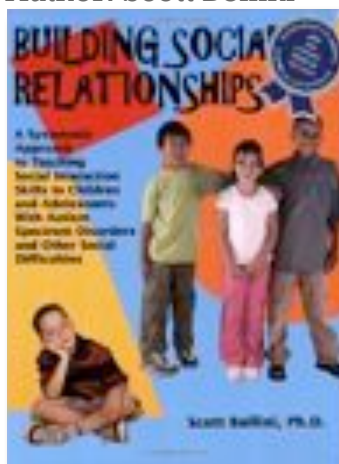
This book offers advice on teaching children and young adults with autism and understanding and managing their often challenging behaviour. It explores issues surrounding behaviour support, supplies materials for developing practice in behaviour management, contains self-audit tools for practitioners, gives practical advice on developing an appropriate learning environment, provides guidance on how to promote positive behaviour and contains photocopiable material and practical resources.

Publishers: SAGE Publications
Approximately: €24



Building Social Relationships: A Systematic Approach to Teaching Social Interaction Skills to Children and Adolescents with Autism Spectrum Disorders and Other Social Difficulties

Author: Scott Bellini

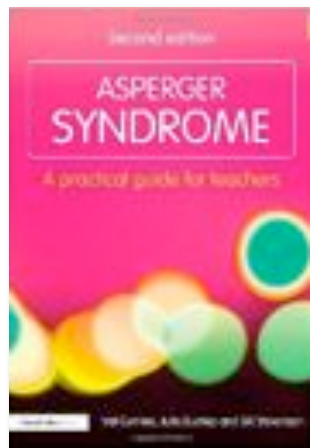


The book contains over 30 social skill strategies that can be used in the design of social skills programmes for children with Autism Spectrum Disorders. Detailed information is also provided on how to assess social functioning and evaluate outcomes. A social skill checklist is included that is helpful in identifying specific social skill deficits and in developing objectives. The book provides a five-step model that incorporates assessing social functioning, distinguishing between skill acquisition and performance deficits, selecting intervention strategies, implementing interventions and monitoring progress.

Publishers: Autism Asperger Publishing Company
Approximately: €30

Asperger Syndrome – A Practical Guide for Teachers

Author: Val Cummine, Julia Dunlop and Gill Stevenson



This new edition of *Asperger Syndrome: A Practical Guide for Teachers* is designed for teachers and assistants supporting children with Asperger syndrome in mainstream schools and other non-specialist settings. Topics include the underlying impairments and their educational implications; the process of assessment and diagnosis in Asperger syndrome; practical strategies for effective and realistic classroom intervention, the behavioural challenges the child with Asperger syndrome may pose and how transitions can be supported.

Publishers: Routledge

Approximately: €24

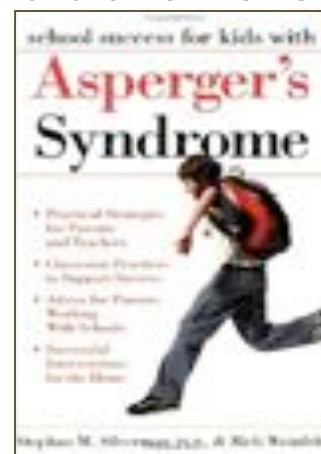
School Success for Kids with Asperger's Syndrome

Author: Steven M. Silverman and Rich Weinfeld

School Success for Kids with Asperger's Syndrome is a guide for parents and teachers helping children with Asperger's Syndrome. Chapters discuss how to recognise and diagnose AS effective classroom strategies, ideal practices for parenting with AS, preparing young people with AS for college, work and independent living.

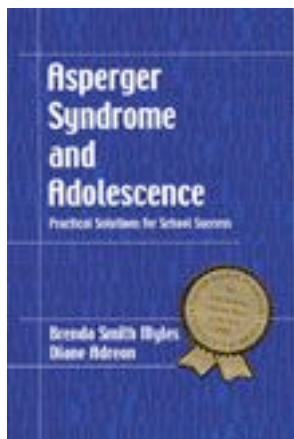
Publishers: Prufrock Press

Approximately: €15



Asperger Syndrome and Adolescence: Practical Solutions for School Success

Author: Diane Adreon and Brenda Smith Myles



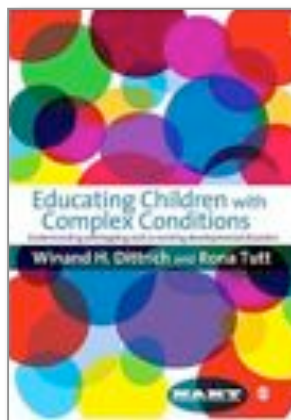
This book starts with an overview of those characteristics of Asperger Syndrome that make adolescence particularly challenging and difficult. It then includes strategies and supports for a successful school experience for students with AS at second level. Examples of assessments, classroom setting needs and organisation supports ranging from homework checklists and graphic organisers to transitional checklists are included.

Publishers: Autism Asperger Publishing Company

Approximately: €25

Educating Children with Complex Conditions: Understanding Overlapping & Co-existing Developmental Disorders

Author: Winand H. Dittrich and Rona Tutt



This book brings together some of the latest research on how the brain learns with what is known about identifying developmental disorders that appear to have a common biological basis. It covers what is known about a common group of disorders (including ADHD, autistic spectrum disorders, dyslexia, dyscalculia and dyspraxia); how to recognise when a child may have more than one condition; and what teaching approaches and strategies might be most relevant.

Publishers: SAGE Publications

Approximately: €27

Teaching Pupils with Severe and Complex Difficulties

Author: Christopher Dyer

This book explores the principles that should guide teachers in meeting the educational needs of students with severe learning difficulties and relates these to effective classroom approaches. It examines the special needs of these students from the inside out, so that teachers understand the "why" as well as the "how" of education. It examines issues of behaviour and punishment, offering positive and appropriate methods of dealing with classroom disruption.

Publishers: Jessica Kingsley

Approximately: €17



Challenging Behaviour & Developmental Disability

Author: Jeff Sigafos, Michael Arthur & Mark O'Reilly



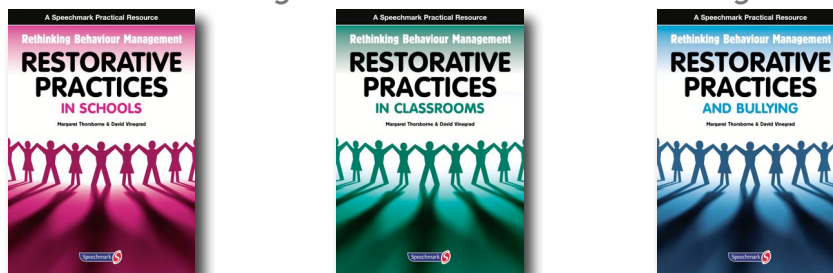
This book provides an overview of challenging behaviour and presents an evidence-based approach that lays out the essential principles to create effective assessment and intervention plans. Topics include: individual traits, social contexts and environmental factors that influence development and various forms of challenging behaviour; ethical and quality of life issues often encountered in home, school and community settings; issues related to the assessment of challenging behaviour and the relationship between assessment and intervention; and guidelines on implementing an intervention plan effectively.

Publishers: Whurr Publications

Approximately: €36

Rethinking Behaviour Management: Restorative Practices Series

Author: Margaret Thorsborne & David Vinegrad



Restorative Practices in Classrooms provides: An explanation of restorative justice and behaviour management; A range of restorative practice measures; Step-by-step instructions for planning and facilitating individual, small group and whole class conferences; Frequently asked questions and answers; Key master documents that can be adapted; and case studies.

Restorative Practices in Schools includes guidance on: Analysing current school practice; Deciding whether to hold a conference; Preparing a conference; Convening and facilitating a conference; and Follow-up after a conference. The book also contains preparation checklist, conference script, typical agreement, evaluation sheet and case studies.

Restorative Practices & Bullying is aimed directly at those who have to deal with bullying – in classrooms, corridors, playgrounds and on mobile phones and the internet. Topics include: Restorative justice and bullying; Restorative responses to bullying incidents; Managing reluctance to face up to bullying; Preventing re-victimisation; and Reaching and monitoring agreements. Included are scripts for use in case conferences and key questions to ask in interviews with victims and wrongdoers.

Publishers: Speechmark
Approximately: €34 each

An Introduction to Restorative Practice

Author: Les Davey and Nicola Preston

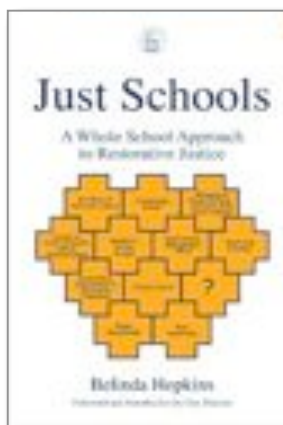


An Introduction to Restorative Practices guidance book and student workbook are designed for students aged 11–18. The book and workbook are built around a story of an incident of wrongdoing and a restorative meeting held to address that incident. Part 1 of the workbook and guidance book is designed to introduce young people to the concept of restorative practices. Part 2 deepens this understanding by introducing the key concepts of restorative practices, including the Social Discipline Window, the Restorative Questions, Fair Process and the Compass of Shame. The guidance book includes a Resource CD and a 'Guide to Effective and Sustainable Implementation of Restorative Practices'.

Publishers: IIRP UK
Approximately: Book €28 Workbook €3

Just Schools: A Whole School Approach to Restorative Justice

Author: Belinda Hopkins



This handbook describes how to start a restorative programme in a school and presents a whole school approach to repairing harm using a variety of means including peer mediation, healing circles and conference circles. Guidance is provided for group sessions, ideas given relating to practical skill development for facilitators and photocopyable sheets are included.

Publishers: Jessica Kingsley Publishers

Approximately: €32

Introducing Restorative Justice – A Positive Approach in Schools

Author: Milton Keynes Psychological Service & produced by Living Archive.

This DVD contains presentations of varying lengths to explain the concept of restorative justice and how it has been applied in schools. Through interviews with teachers, administrators and students the segments demonstrate the positive impact that restorative processes can have on school discipline. It includes introductions for students, parents, teachers and support staff; a dramatisation of a Restorative Justice conference; and interviews with participants in Restorative Justice approaches.

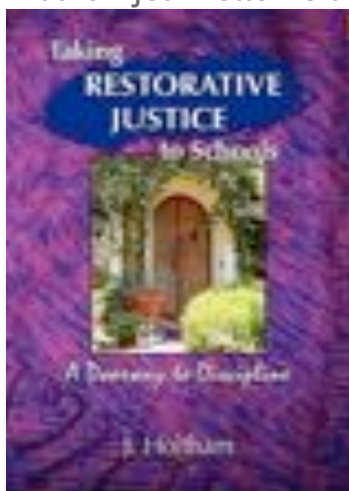
Available @ www.incentiveplus.co.uk

Approximately: €34



Taking Restorative Justice to Schools: A Doorway to Discipline

Author: Jeannette Holtham



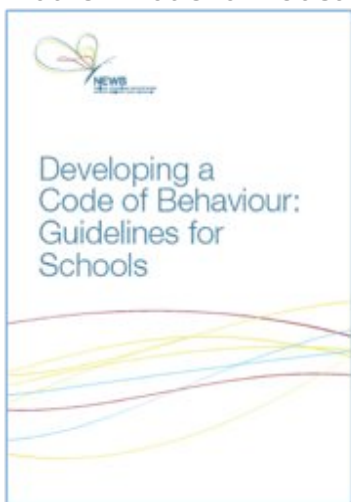
This book provides the philosophical foundations for restorative justice, describes the need for it in schools, the record of success and then a roadmap for implementation. Chapters cover: Applying Restorative Justice in Schools; Make a Plan; Prepare your Boomerang Action Team; Measure, Track; Evaluate; and Connect Your Community with Informal Circles. Also provided are sample scripts to conduct restorative justice conferences, templates and role plays.

Publisher: Homestead Press

Approximately: €21

Developing a Code of Behaviour: Guidelines for Schools

Author: National Education Welfare Board



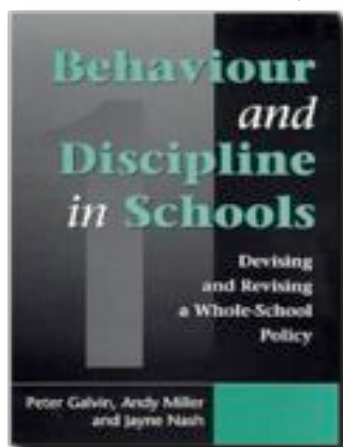
The NEWB *Developing a Code of Behaviour: Guidelines for Schools* sets out principles to guide the audit, review, development and implementation of the code of behaviour. Understanding behaviour, what influences behaviour and promoting good behaviour are also discussed in the Guidelines. A whole-school approach to the code of behaviour is highlighted and guidance is given about a whole-school response to unacceptable behaviour. Also included are the legal and procedural requirements governing the use of suspension and expulsion, as well as good educational practice in the use of these sanctions.

Publishers: National Education Welfare Board

Download@ <http://www.newb.ie>

Behaviour and Discipline in Schools: Devising and Revising a Whole School Policy

Author: Peter Galvin, Andy Miller, Jayne Nash



In this book the authors emphasise planning policies which take account of the individual needs of the staff and students as well as whole-school administration; encourage an experimental approach supported by many activities to guide the development process; and consider both the "soft" human side of the development process, as well as the more predictable "hard" side involving audit, planning, implementation and review.

Publisher: David Fulton Publishers

Price: Approximately €18

Pastoral Care in Schools: Promoting Positive Behaviour

Author: Department of Education Northern Ireland

National Curriculum Framework: Pastoral Practice Resource	
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This document provides guidance for staff to develop and review their policies and procedures surrounding the way students behave in schools in Northern Ireland. It reflects strategies and examples of good practice to help promote and maintain positive behaviour in schools. There is also a section on developing an anti-bullying culture.

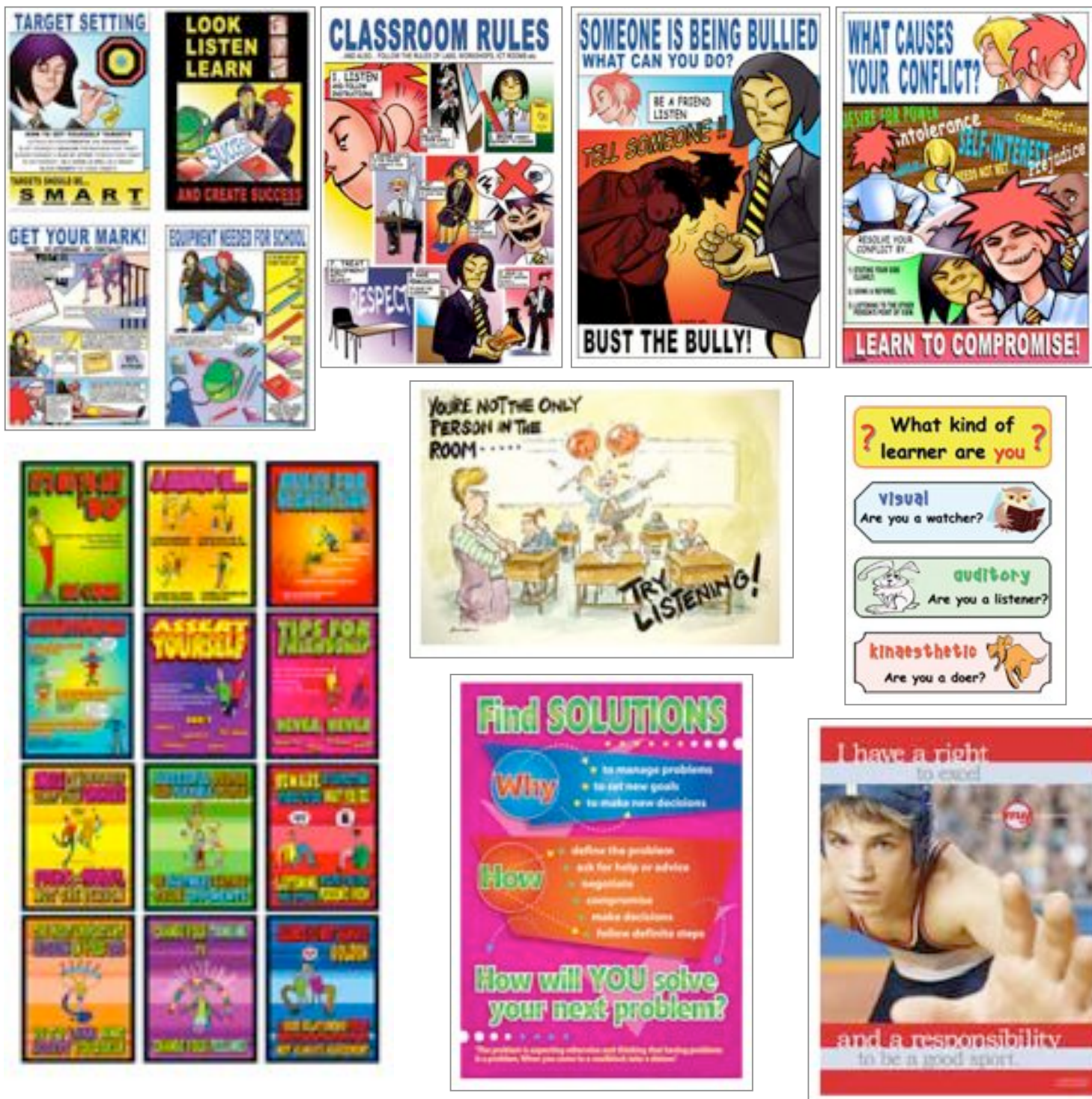
Publishers: Department of Education Northern Ireland

Download@ <http://www.deni.gov.uk/ppbehaviour-4.pdf>

Posters

The following are examples of posters available that can be used when teaching behaviour for learning skills. They are useful as visual cues, discussion starters and reinforcers. Several poster sets come with suggested teaching ideas and lesson plans.

These posters can be ordered online from Incentive Plus <http://www.incentiveplus.co.uk> or at Outside the Box <http://otb.ie/>. They range in price from €7 - €70 depending on the number of posters in a set.



Irish Educational Suppliers

The following list contains the contact details of some educational suppliers to schools in Ireland. This list is not exhaustive or meant as an endorsement of the companies. It is provided for information purposes only. Many of the suppliers provide school visits and catalogues on request. Some suppliers will source a product that you are interested in purchasing from a supplier outside of Ireland.

Carroll Education Limited

Contact Details: Carroll Education Limited, 34A Lavery Avenue Park West, Dublin 12, Ireland.

Tel: 01 612 0860

Fax: 01 625 1919

Email: info@carrolleducation.ie

Web: www.carrollheinemann.ie/aboutus.php

Outside the Box

Contact Details: Outside The Box Learning Resources, W6W Tougher's Business Park, Newhall, Naas, Co Kildare.

Tel: 045 409322

Fax: 045 409959

Email: info@otb.ie

Web: www.otb.ie

O'Mahony's Booksellers

Contact Details: O'Mahony's Booksellers, 120 O'Connell Street, Limerick.

Tel: LoCall 1890 68 68 68 / 061 418155

Fax: 061 414558

Email: websales@omahonys.ie

Web: <http://www.omahonys.ie>

(O'Mahony's Booksellers also have branches in Ennis and Tralee)

Prim-Ed Publishing

Contact Details: Prim-Ed Publishing, Bosheen, New Ross, Co. Wexford.

Tel: 051 44 00 75

Fax: 051 42 29 82

Email: sales@prim-ed.com

Web: www.prim-ed.com/home.php?country=IRE

Surgisales Teaching Aids Limited

Contact Details: S.T.A. Ltd., 252 Harold's Cross Rd., Dublin 6w.

Tel: 01 496 6688

Fax: 01 496 6899

Email: info@staeducational.com

Web: www.staeducational.com

*** All the resources featured can be ordered online from the publishers, on Amazon or through some of the Irish suppliers listed above. It's worth shopping around online as prices can vary from supplier to supplier or the books are available to buy second-hand.**



Resources for Behaviour
Management & Behaviour
for Learning Skills
Development

National Behaviour Support Service

National Behaviour Support Service (NBSS)
Navan Education Centre
Athlumney
Navan
Co. Meath
Telephone: +353 46 909 3355